# Cleaner: Work Capabilities Form

Patient name:

Patient injury:

Patient will be able to participate in light duties as below from:   /  /   to  /  /

Full time  Part time  hours per day       days/week

School/location duties are performed at:

|  |  |  |
| --- | --- | --- |
| Cleaning Activities | Duration (in mins) | Limitations/Comments |
| Windows (external and internal) | <5 <10  <15  <20 |  |
| Vacuuming (internal) | <5 <10  <15  <20 |  |
| Mopping (internal) | <5 <10  <15  <20 |  |
| Polisher/scrubber (internal) | <5 <10  <15  <20 |  |
| Dusting (internal) | <5 <10  <15  <20 |  |
| Sweeping with platform and straw brooms (internal and external) | <5 <10  <15  <20 |  |
| Rubbish removal (internal) – including emptying bins | < <10  <15  <20 |  |
| Lifting and moving furniture (internal) | to 5kg  to 10kg |  |
| Cobweb control (internal and external) | <5 <10  <15  <20 |  |
| Amenities | pedestals, basins & showers  urinals, mirrors & baths |  |
| Drinking fountains and sinks | <5 <10  <15  <20 |  |
| Walls (internal and external) | <5 <10  <15  <20 |  |
| Furniture and blinds | <5 <10  <15  <20 |  |
| Hosing and dragging of hoses (external) | <5 <10  <15  <20 |  |
| Rubbish removal (external) – including emptying wheelie bins | <5 <10  <15  <20 |  |
| Bending or stooping |  |  |
| Work between hip and shoulder only |  |  |
| Overhead work |  |  |
| Use of extendable poles (1.4m, 2.6m & 5.4m) |  |  |
| Other duties: |  |  |

Comments:

**SIGNATURES**

Treating Medical Practitioner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Employee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Rehabilitation & Return to Work Coordinator: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_