# Cleaner: Work Capabilities Form

Patient name:

Patient injury:

Patient will be able to participate in light duties as below from:   /  /   to  /  /

Full time [ ]  Part time [ ]  hours per day       days/week

School/location duties are performed at:

|  |  |  |
| --- | --- | --- |
| Cleaning Activities | Duration (in mins) | Limitations/Comments |
| [ ]  Windows (external and internal) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Vacuuming (internal) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Mopping (internal) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Polisher/scrubber (internal) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Dusting (internal) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Sweeping with platform and straw brooms (internal and external) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Rubbish removal (internal) – including emptying bins | [ ]  < [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Lifting and moving furniture (internal) | [ ]  to 5kg [ ]  to 10kg |       |
| [ ]  Cobweb control (internal and external) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Amenities | [ ]  pedestals, basins & showers[ ]  urinals, mirrors & baths |       |
| [ ]  Drinking fountains and sinks | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Walls (internal and external) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Furniture and blinds | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Hosing and dragging of hoses (external) | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Rubbish removal (external) – including emptying wheelie bins | [ ]  <5 [ ] <10 [ ]  <15 [ ]  <20 |       |
| [ ]  Bending or stooping |  |       |
| [ ]  Work between hip and shoulder only |  |       |
| [ ]  Overhead work |  |       |
| [ ]  Use of extendable poles (1.4m, 2.6m & 5.4m) |  |       |
| [ ]  Other duties:       |  |       |

Comments:

**SIGNATURES**

Treating Medical Practitioner: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Employee: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_

Rehabilitation & Return to Work Coordinator: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_ \_\_\_\_ / \_\_\_\_\_ / \_\_\_\_\_