

## General Farm Hand : Return to Work Checklist and Plan

Please complete with your patient

Worker name: \_\_\_\_\_ Claim number: \_\_\_\_\_ Injury: \_\_\_\_\_

Worker will be able to participate in the duties as below from: / / to / /

Full time  Part time  \_\_\_\_\_ hours per day \_\_\_\_\_ days/week

N.B. Based on your information, a suitable duties plan will be established at the worker's place of employment. In the absence of task availability at their usual workplace the worker will continue to be paid weekly compensation and WorkCover will source suitable alternative workplace rehabilitation with a host employer.

Please consider the "health benefits of good work" and focus on what your patient can do.

Tick if suitable	Job Tasks	Limitations/Comments
	Spraying - Spraying of weeds boom spray or inter-row spraying. Can also include spraying of crops and correctly calibrating equipment. Walking and standing for a minimum of 30 minutes	
	Spraying - spraying of weeds via knapsack, includes grip of spray gun - weight limit for knapsack..... kg (doctor to advise)	
	Crops - Assist with decisions and advise on the variety and type of crop to be grown and the area to be sown or planted. Plan the type of farming activities to be undertaken, estimate operating costs and arrange for order of supplies including seed, fertilizer and farm equipment. Sedentary work. Construct wire trellises (frames) for crops. Light work. Below shoulder height. Doctor to advise of weight limit.	
	Maintenance of farm related equipment and machinery - includes minor repairs to equipment and the maintenance and repair of farm buildings, bores, fences, machinery and other equipment. Requires gripping tools. Please indicate if only to assist with fencing/other repairs e.g. passing fencing wire or tools.	
	Cultivation & bed preparation - includes seed bed preparation, (row setting, discing, ripping, bedding and cultivation, rotary hoeing, mulching). Scuffling and recording quantity and frequency. Cultivate soil, sow crops and control weeds by slashing, rotary hoeing or chemical spraying. Requires squatting, bending and use of equipment.	
	Harvesting - Driving tractors, harvesters, forklifts and using hand tools. Requires sustained sitting and ability to drive. No lifting required.	

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Tick if suitable	Job Tasks	Limitations/Comments
	Irrigation - irrigate crops via different methods, including operating bores & pumps. Setting up, laying and moving all irrigation systems and equipment including pivot irrigators, boom irrigators, solid set and trickle tape. Maintenance of irrigation & irrigation equipment and machinery. Monitoring and recording irrigation quantity and frequency. Squatting, lifting and carrying required. Doctor to advise of weight limit.	
	Planting tasks including transplanting and direct seeding – (must be able to perform actual task of planting including sitting on the transplanter and manually planting). Bending and twisting actions.	
	Fertilizing - Fertilization of all crops (lifting up to 25kg bags of fertilizer and placing fertilizer in spreader, calibrating equipment) Fertilizing and recording quantity and frequency. Involves carrying heavy weights.	

Tick if suitable	Alternate duties	Limitations/Comments

If none of the above tasks or alternate duties are appropriate at this time, please advise a review date or timeframe to some form of return to work \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Please tick here if you have been unable to identify any tasks and you would prefer an allied health provider to help implement a return to work plan.

Other comments:

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

**SIGNATURES**

Treating Medical Practitioner: \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Worker: \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_

Employer: \_\_\_\_\_ / \_\_\_\_ / \_\_\_\_

**Submission and payment for this form (WorkCover Queensland claims only)**

If this form is requested as part of a workers' compensation claim, please forward this completed form via our online services, or alternatively by faxing to 1300 651 387. You can charge for a "completed form" under the relevant table of costs, found on our website [worksafe.qld.gov.au](http://worksafe.qld.gov.au). This form will become part of a claim file and may therefore be read by claims staff, WorkCover Queensland's network of advisory doctors, specialists at the Medical Assessment Tribunal or during legal proceedings.

In addition, the form that you provide may be released to another person (usually the worker or employer) under the Right to Information Act (2009), the workers' compensation legislation or as authorised or required by law.