

MSDs are preventable



Focus areas

- Businesses use an integrated, holistic approach to control MSD risks.
- Organisational and community leaders drive improved MSD awareness, prioritisation and risk management.
- Tools and resources are evidence based best practice and available to support and guide MSD risk management in the workplace.
- WHSQ inspectors and advisors have the capability to advise and influence industry to prevent and manage musculoskeletal disorders.

Priority industries

Agriculture
Manufacturing
Road transport
Construction
Health

Priority groups

High risk employers
Young workers
Ageing workforce
Labourers/unskilled workers
Small business

Good for business



MSD solutions improve quality, productivity, workforce sustainability and business viability and give good return on investment.

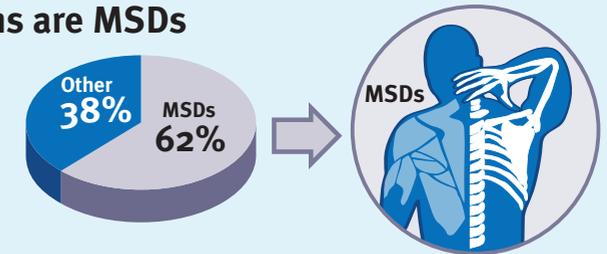
Musculoskeletal disorder (MSD) action plan 2016-22

Queensland and national MSD reduction targets

The Queensland and Australian Work Health Safety Strategy 2022 both set targets of 30 percent reduction in the incidence of claims for MSDs resulting in one or more weeks off work. Queensland workplaces will be safer, healthier and achieve reduction in MSDs through implementing good work design practices to control MSD risks.

Majority of injury claims are MSDs

Over half of all Qld serious injury claims are MSDs. Serious injury claims are those where a worker requires a week or more off work.



Multiple interacting causes of MSD

Musculoskeletal disorders are multi-factorial with links between psychosocial, physical and modifiable chronic disease risk factors and are best prevented by considering the work, the work environment and the worker.

Musculoskeletal disorder action plan 2016-2022

Action areas	National strategic outcomes	What we will deliver 2016- 2022
Healthy and safe by design	Hazards are eliminated or minimised by design.	<ul style="list-style-type: none"> • Work with Industry stakeholders to promote and support good work design as an integral part of MSD prevention and management. • Lead and develop initiatives and campaigns which focus on work, work processes and systems of work for MSD prevention and management.
Supply chains and networks	Improved work health and safety through supply chains and networks.	<ul style="list-style-type: none"> • Raise awareness and understanding on the cumulative impact of the supply chain on MSD. • Work with stakeholders to develop and lead MSD prevention and risk management initiatives across supply chains.
Health and safety capabilities	Improved work health and safety capabilities.	<ul style="list-style-type: none"> • Build stakeholders' capacity to use an integrated holistic approach to prevent and manage MSD risks. • Develop and promote practical MSD prevention resources and tools that are tailored to industry needs and are based on evidence and good work design principles. • Provide human factors and ergonomics advice to stakeholders to support prevention and management of MSD risks.
Leadership and culture	Leaders in communities and organisations promote a positive culture for health and safety.	<ul style="list-style-type: none"> • Lead initiatives in collaboration with stakeholders that influence leaders to drive cultural change to manage MSD risks through good work design.
Research and evaluation	Evidence-informed policy, programs and practice.	<ul style="list-style-type: none"> • Conduct and collaborate with research partners to build the MSD prevention evidence base. • Use MSD research and evaluation findings to inform decision making and guide OIR MSD initiatives.
Government	Governments improve work health and safety.	<ul style="list-style-type: none"> • Work with government leaders to make MSD prevention and management a priority focus. • Promote an integrated, holistic approach to the whole of government health and safety and well-being strategy.
Responsive and effective regulatory framework	The regulatory framework improves effectiveness by responding and adapting to changing circumstances.	<ul style="list-style-type: none"> • Continue to improve Queensland's regulatory framework and response to align with national and international trends and research. • Promote and maintain a partnership approach with stakeholders to achieve a shared commitment to meeting the Australian Work Health and Safety 2012–2022 target.