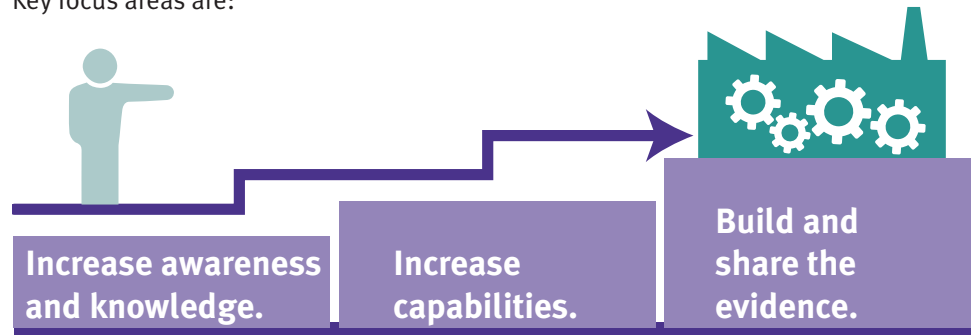


## Focus areas

The Healthy Workers Initiative supports an integrated health, safety and wellbeing approach to manage modifiable chronic disease risk factors in the workplace.  
Key focus areas are:



Priority industries	
Agriculture	Construction
Manufacturing	Healthcare and social assistance
Transport	Public sector

## Chronic disease risk factors

 Smoking	 Poor nutrition	 Harmful alcohol consumption
 Physical inactivity	 Obese/overweight	 Poor mental health

# Chronic Disease Action Plan 2018–19

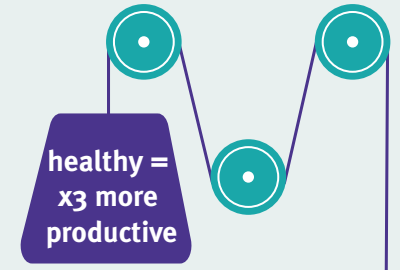
## Work health strengthens your business



This plan will contribute to the:

- Australian Work Health and Safety Strategy 2012-2022
- The Queensland Health and Wellbeing Strategy 2015-2020

A healthy workforce is three times more productive than an unhealthy workforce.



In a single year the cost of work related injuries and diseases in Queensland is estimated to be \$5.8 billion.

*Reference: Workplace Health and Safety Queensland (2016)  
Cost of Workplace Incidents in Queensland: 2013-14 Update*

# Chronic Disease Action Plan 2016-2019

Action areas	National strategic outcomes	What we aim to achieve in 2016-2019
<b>Healthy and safe by design</b>	Hazards are eliminated or minimised by design.	<ul style="list-style-type: none"> <li>• Work with industry to promote and support the use of evidence-based frameworks and good work design principles to manage chronic disease, musculoskeletal and mental health risks.</li> <li>• Lead and develop initiatives, tools and resources which focus on best practice health, safety and wellbeing principles and chronic disease prevention and management.</li> </ul>
<b>Supply chains and networks</b>	Improved work health and safety through supply chains and networks.	<ul style="list-style-type: none"> <li>• Identify and engage with supply chain and network participants to promote work health, safety and wellbeing using good work design principles.</li> <li>• Engage with industry leaders to implement health, safety and wellbeing programs that are accessible across their networks and the supply chain.</li> </ul>
<b>Safety, health and wellbeing capabilities</b>	Improved work health capabilities.	<ul style="list-style-type: none"> <li>• Build industry knowledge of modifiable chronic disease risk factors in the workplace and how to prevent and manage these risks through an integrated health, safety and wellbeing approach.</li> <li>• Build capability of internal and external stakeholders to use an evidence-based health, safety and wellbeing approach to prevent and manage chronic diseases, musculoskeletal and mental health risks.</li> </ul>
<b>Leadership and culture</b>	Leaders in communities and organisations promote a positive culture for health and safety.	<ul style="list-style-type: none"> <li>• Support business sector industry leaders (including peak industry bodies, member-based organisations and networks) to drive cultural change through good work design and an integrated health, safety and wellbeing approach.</li> <li>• Support organisational leaders to foster a culture of consultation and collaboration around health, safety and wellbeing using an evidence-based framework.</li> </ul>
<b>Research and evaluation</b>	Evidence-informed policy, programs and practice.	<ul style="list-style-type: none"> <li>• Build and share the evidence base for health, safety and wellbeing practices effective in reducing chronic disease risk factors, mental health and musculoskeletal risks.</li> <li>• Build and share the evidence base for effective and practical health, safety and wellbeing policies, practices and programs.</li> </ul>
<b>Government</b>	Governments improve work health and safety.	<ul style="list-style-type: none"> <li>• Provide strategic input to the whole of government health, safety and wellbeing strategy.</li> <li>• Work with key government stakeholders to promote the inclusion of evidence-based work health and wellbeing programs into everyday business processes.</li> </ul>
<b>Responsive and effective regulatory framework</b>	The regulatory framework improves effectiveness by being responsive and adapting to changing circumstances.	<ul style="list-style-type: none"> <li>• Work collaboratively with Queensland workplaces, key stakeholders and other regulators to prioritise an integrated health, safety and wellbeing approach.</li> <li>• Promote and maintain partnerships with departmental, whole of government and non-government stakeholders to achieve a shared commitment to meeting defined national strategic outcomes.</li> </ul>