



THANK YOU FOR ATTENDING THE

WORK WELL REGIONAL INFORMATION SESSIONS

OCTOBER 2023



**Safer, healthier workplaces
for everyone, every day**



THANK YOU



Work health and safety professionals and business leaders gathered at a series of events during October 2023 to learn, network, and share ideas at the Work Well Regional Information Sessions.

Each event included the following topics:

- the risks of psychosocial hazards in the workplace
- powerline safety
- managing respirable crystalline silica dust exposure.



We hope you enjoyed the program and walked away with new ideas and practical strategies to implement in your workplace.

Event locations

Gold Coast - Southport Sharks
Tuesday 3 October

Cairns - Cairns Colonial Club Resort
Thursday 19 October

Toowoomba - Burke & Wills
Wednesday 11 October

Rockhampton - The Frenchville
Monday 23 October

Townsville - The Ville
Wednesday 18 October

Mackay - Rydges
Tuesday 31 October

PROGRAM



MC welcome

Managing the risk of psychosocial hazards at work Code of Practice 2022

In this session Workplace Health and Safety Queensland provided an overview of the Code, that included:

- types of common psychosocial hazards
- how psychosocial hazards and risks can be controlled or managed
- duty holder obligations
- what is reasonably practicable
- tools and resources.

Powerline safety: Look up and live

Accidental contact with powerlines can kill instantly. Australian Work Health and safety professional of the year, Glen 'Cookie' Cook put powerline safety laws into easily understood terms for workers of all levels and demonstrated features of the award winning 'Look up and Live' app.

Coffee/tea break

Managing respirable crystalline silica dust exposure in construction and manufacturing of construction elements Code of Practice 2022

Australia's first silica dust code of practice for the construction industry commenced in Queensland on 1 May 2023. It applies to all construction work as well as the manufacturing of materials such as bricks, blocks, tiles, mortar and concrete.

This presentation gave practical guidance on how to protect workers by eliminating or minimising their exposure to respirable crystalline silica and provided an overview of the key requirements of the code and practical examples for better understanding.



Managing the risk of psychosocial hazards at work Code of Practice 2022



Nicole Hughes

Presented at the Townsville, Cairns, Rockhampton and Mackay sessions

Nicole is a registered Occupational Therapist and Principal Advisor in the Psychological Health Unit at Workplace Health and Safety Queensland. Nicole has 20 years' experience working in workplace mental health with a particular interest in psychological safety, employee support, injury management and early intervention.



Elizabeth Gray

Presented at the Gold Coast session

Elizabeth is the Chief Advisor within the Psychological Health Unit, Office of Industrial Relations. She has a background in organisational development and business psychology and is currently working in the growing field of psychosocial risk management within Workplace Health and Safety Queensland.



Aimee Davis

Presented at the Toowoomba session

Aimee is a Principal Advisor within the Psychological Health Unit at Workplace Health and Safety Queensland. Aimee is passionate about delivering targeted support to stakeholders, to help them to better understand their responsibilities for workplace health and safety and to promote sustainable strategies to manage the risks associated with psychosocial hazards at work.

Key takeaways from this session:

- 1** Managing psychosocial hazards and risks at work is just as important as managing physical risks. The Code is a practical guide on how to prevent harm from psychosocial hazards at work, including psychological and physical harm.
- 2** The Code does not create a new work health and safety duty or expand existing duties; rather, it provides clarity and certainty through practical guidance for duty holders about their existing obligations to ensure risks to psychological health are eliminated or minimised under the WHS Act.
- 3** Work-related psychosocial hazards can harm psychological health. The new code of practice helps employers to focus on the risks they are legally responsible for.



Powerline safety: Look up and live



Glen 'Cookie' Cook

Presented in all locations

Glen is an internationally acclaimed powerline safety specialist and speaker. He is a passionate advocate for workers and has received multiple awards for his dedication, including the Australian Health and Safety professional of the year (2020), Queensland Community Achievement Safety Award (2021) and was most recently recognised internationally at the Global Excavation conference in USA as the 2022 Damage Prevention Hero of the Year.

Key takeaways from this session:

- 1 Develop a safe system of work before you start**
Prioritise safety by conducting a site-specific risk assessment, identifying powerlines, and implementing effective risk controls, such as de-energising powerlines when necessary, before commencing any work.
- 2 Keep your workers and contractors informed about electrical safety**
Keep workers and contractors informed by providing proper induction training, and careful planning to maintain a safe distance from powerlines, while emphasising the potential hazards associated with various equipment near exclusion zones.
- 3 Avoid going into exclusion zones**
Avoid entering exclusion zones by enhancing powerline and pole visibility, minimising metal-handled equipment near powerlines, using safety observers, insulating tools, and following safety advice from your electrical entity.

Download the Look up and Live app



[Lookupandlive.com](https://lookupandlive.com)





Managing respirable crystalline silica dust exposure in construction and manufacturing of construction elements Code of Practice 2022



Noel Pinkerton

Presented at the Toowoomba, Townsville, Cairns and Rockhampton sessions
Noel is a Principal Advisor - Occupational Hygiene at the Office of Industrial Relations and was involved in the implementation of the Managing respirable crystalline silica dust exposure in construction and manufacturing of construction elements Code of Practice 2022.



Brad Geinitz

Presented at the Gold Coast session
Brad Geinitz is the Chief Advisor Occupational Health and Hygiene with the Office of Industrial Relations and was a technical advisor to the steering committee which developed the Managing respirable crystalline silica dust exposure in construction and manufacturing of construction elements Code of Practice 2022.



Debra Lee

Presented at the Mackay session
Debra is a Registered Nurse and has a Master of Infection Prevention and Control and Graduate Certificate of Public Health. Debra has been with the Occupational Health Hygiene and Asbestos team for two years and is committed to making workplaces safer and healthier.

Key takeaways from this session:

- 1 When and how to use higher-order controls like water suppression and on-tool dust extraction methods to prevent silica dust generation and release into the air.
- 2 The use of appropriate respirable protective equipment and utilising exposure data obtained from air monitoring.
- 3 How to determine when health monitoring should be provided.
- 4 Overview on meeting the requirements for worker consultation, training, education, instruction, and supervision.

DIGITAL RESOURCES

Watch the toolbox presentation



Webinar recordings

- [Shifting the dial on the regulation of mental health at work](#)
- [Regulating mentally healthy workplaces](#)
- [Suicide prevention for at-risk industries](#)
- [Diversity and inclusion for mentally healthy workplaces](#)
- [Developing suitable duties to support a worker with psychological injury](#)
- [Imagining a workplace without burnout: new findings and a roadmap to prevention](#)
- [Achieving mentally healthy workplaces through early intervention](#)
- [Managing the mental health impacts of remote and isolated work](#)
- [Trauma informed care and vicarious trauma in healthcare](#)
- [Using cultural capability to create mentally healthy workplaces](#)



Download the code



Managing the risk of psychosocial hazards at work

Code of Practice

2022

Download the small business pack



Watch the small business recording below





Improving the psychological health and wellbeing of Australian workers.

People
AT WORK

People at Work is a psychosocial risk assessment process.

It is Australia's only validated and evidence based psychosocial risk assessment survey tool with benchmarking that measures psychosocial hazards and factors.

Learn more at peopleatwork.gov.au

Download mentally healthy workplaces posters for your workplace!



Learn more about building a mentally healthy workplace at WorkSafe.qld.gov.au



DIGITAL RESOURCES

Mentally healthy workplaces toolkit

This digital [toolkit](#) provides practical tools and resources that employers, managers and leaders can use to create and maintain mentally healthy workplaces.

It aims to help employers, managers and leaders eliminate and minimise risks to psychological health and create workplace environments that are mentally healthy. Use the guidance material and practical tools in the toolkit to facilitate positive steps towards a mentally healthy workplace.

Toolkit contents:

1. Mentally healthy workplaces
2. Promote positive practices
3. Prevent psychological harm
4. Intervene early
5. Support recovery from injury
6. Small business
7. Additional resources



DOWNLOAD



Workplace Health and Safety Queensland

Mentally healthy workplaces toolkit

About this toolkit

The *Mentally healthy workplaces toolkit* aims to help employers, managers and leaders eliminate and minimise risks to psychological health and create workplace environments that are mentally healthy.

Use the guidance material and practical resources in this toolkit to facilitate positive steps towards a mentally healthy workplace.

The tools, checklists, activities, videos and case studies can be accessed when you see one of these icons:

Tools Checklists Activities Video Case study

Mentally healthy workplaces

Promote Prevent

Intervene early Support recovery

For small business Additional resources

Queensland Government

DIGITAL RESOURCES

Silica resources

- [Construction silica dust COP technical presentation \(video\)](#)
- [Construction silica animation \(video\)](#)
- [Construction silica COP communications kit](#)
- [Construction silica COP DL promotional flyer](#)
- [Construction silica COP A5 promotional advert](#)



Download the Silica task sheets:

- [Stationary masonry saws](#)
- [Handheld power saws](#)
- [Handheld power saws for cutting fibre-cement board with a blade diameter of 200mm or less](#)
- [Walk behind saws](#)
- [Drivable saws](#)
- [Core saws or drills \(rig mounted and handheld\)](#)
- [Hand and stand mounted drills](#)
- [Dowel drilling rigs for concrete](#)
- [Vehicle mounted drill rigs for rock and concrete](#)
- [Jackhammers and handheld clipping tools](#)
- [Handheld grinders for mortar removal](#)
- [Handheld grinders for tasks other than mortar removal](#)
- [Walk behind milling machines and floor grinders](#)
- [Small drivable milling machines \(less than half lane\)](#)
- [Large drivable milling machines \(half lane and larger\)](#)
- [Crushing machines](#)
- [Heavy equipment and utility vehicles for grading and excavating tasks](#)
- [Heavy equipment and utility vehicles for demo activities](#)
- [Dry sweeping](#)
- [Compressed air and blowers.](#)

For more visit <https://www.worksafe.qld.gov.au/laws-and-compliance/codes-of-practice/managing-respirable-crystalline-silica-dust-exposure-in-construction-and-manufacturing-of-construction-elements-code-of-practice-2022>

DIGITAL RESOURCES

Scan the QR code to read the FAQs on Managing respirable crystalline silica dust exposure in construction and manufacturing of construction elements Code of Practice 2022



Scan the QR Code for more information on electrical safety in the construction industry

