

Work Well Speaker Series 2023



Promoting workplace safety for young employees

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Abstract

Jahin delved into how employers can better engage young people and ensure their wellbeing and health is at the forefront of discussions.

Particularly with mental health being a substantial issue for young people, this high energy and interactive presentation explored five ways in which workplaces can adapt and manage for young employees and create a safe and sustainable working culture.

Key takeaways

1. Prioritise comprehensive safety training and continuous learning for young employees.
2. Foster a safety-centric culture through communication and employee engagement.
3. Recognise the importance of mental wellbeing in safety.

Practical tools and resources

1. Explore specific safety courses and certifications.
2. Utilise trusted online resources like [Occupational Safety and Health Administration](#).
3. Engage in mentoring programs with experienced colleagues.
4. Know how to report safety concerns efficiently.
5. Utilise Employee Assistance Programs (EAPs) for mental health support.
6. Learn from successful case studies.

Visit [WorkSafe.qld.gov.au](https://www.worksafe.qld.gov.au) for resources, tools and support, including our [young worker resources](#).



Safer, healthier workplaces
for everyone, every day

