Ride ready

Wear a helmet

Kids on kids bikes

Don’t double

Don’t overload

Rider training

Find more quad bike rider tips at qld.gov.au/rideready
Ride ready

Quad bikes are versatile and easy to operate, but they do have limitations. Don't assume it's the best tool for every task – consider whether a side-by-side, utility, motorbike or horse might be better.

Follow these simple tips to ensure anyone who uses your quad bike stays safe.

Always wear a helmet

Around one in five quad bike incidents results in a head injury. A secure fitting helmet is your best protection against a serious injury or death.

You should also wear other safety gear like eye protection, gloves, boots and clothing that covers your arms and legs.

Kids on kids bikes

Kids under 16 account for 20 per cent of all quad bike deaths.

Don't let your kids ride adult quad bikes – they just don't have the physical strength and size to handle a 300 kg+ bike.

Kid-sized quad bikes are lighter and their speeds are governed, making them much safer.

Don’t double

Carrying a passenger on a single-seat quad bike can make it unstable and harder to control. It restricts the rider from moving their body weight in an active riding technique. This increases the chances of the rider and passenger falling off the quad bike.

A safer way to carry passengers is a side-by-side vehicle (SSV) or two-seater quad bike.
Don’t overload

Carrying loads on the front and rear racks of your quad bike is convenient, but can be risky. The extra weight can affect bike handling, alter the centre of gravity and make the vehicle difficult to control, especially on slopes.

Always follow the manufacturer’s instructions (on the bike and in the manual) when you add loads to your quad bike, fit attachments or use quad bike accessories.

Get rider training

Training courses are the best way to learn how to ride a quad bike properly. Training will ensure you can recognise and control hazards and risks in varying terrain.

Find your closest trainer at qld.gov.au/rideready.

General safety tips

- Go through a pre-start checklist so that you know things like tyre pressure and brakes are ok before you set off.
- Regularly maintain your quad bike according to the manufacturer’s specifications.
- Tell someone where you are going before you leave on your quad bike. Take a phone or communication device in case your bike breaks down or you are injured.
- What are your property rules? Mark these on a map including speed limits and no-go zones for your workers and others who ride.

For more rider tips visit qld.gov.au/rideready
Queensland has the highest rate of quad bike-related deaths in Australia.

Around 1 in 5 quad bike incidents results in a head injury.**

30% of deaths

84% of people who died from a head injury were not wearing a helmet.**

Most common injuries from quad bikes are crush, head and cervical spine injuries.

20% of quad bike deaths are kids under 16.*

Key risks are uneven terrain, turning and speed.

*Queensland
**Australia