

Injured worker details

Worker: _____ Phone number: _____
Supervisor: _____ Phone number: _____
Treating medical practitioner: Phone number: _____

Plan details

Goal – long term:
Objective of this plan: Duration of this plan: from _____ to _____
Fit for suitable duties (restricted return to work?) from: _____ to: _____
Job description:

Task details

Week	Duties	Restrictions
Week 1 – commencing: _____ Hours: _____ Days: _____		
Week 2 – commencing: _____ Hours: _____ Days: _____		
Treatment occurring during this plan (e.g. physiotherapy):	Training required: <input type="checkbox"/> Yes <input type="checkbox"/> No	
	If 'Yes', given by _____ on _____	
Plan to be reviewed:		

Signatures

Name (treating medical practitioner): I approve this plan Signature: _____	Name (worker): I have been consulted about the content of this plan and agree to participate Signature: _____
Name (supervisor): I agree to ensure this plan is implemented in the work area Signature: _____	Name (rehabilitation and return to work coordinator): I agree to monitor this plan Signature: _____