

Workplace Health and Safety Queensland

Participative Ergonomics for Manual Tasks (PERforM) program—frequently asked questions

What is PERforM?

- PERforM is a simple hazardous manual task risk management program, internationally recommended for reducing work related musculoskeletal disorders.
- PERforM helps workplaces involve their workers in solving manual tasks problems.

Where did PERforM come from?

PERforM was developed jointly by:

- Workplace Health and Safety Queensland (WHSQ)
- University of Queensland
- Curtin University of Technology.

Who has used PERforM?

PERforM has been used in a range of industries including mining, civil and commercial construction, manufacturing and wholesaling, aged care and food processing.

What's in it for my organisation?

PERforM:

- provides better control of hazardous manual tasks
- assists you to comply with legislation
- helps improve productivity
- makes for a more knowledgeable workforce.

What does PERforM cost?

- WHSQ provides all the resource materials and training for the PERforM workplace trainer, and some ongoing support at no cost to the organisation.
- The organisation provides their own people to be trained, and the budget to implement solutions for the manual task problems identified.

Who provides the training?

WHSQ provides free PERforM 'Train the trainer' workshops. It is recommended one or two nominated people attend a workshop prior to implementing PERforM at your workplace.

Workshop attendees will:

- receive guidance on how to implement the PERforM program in the workplace
- practice using the PERforM risk assessment tool
- receive all of the PERforM resources.

More information

More information is available from www.worksafe.qld.gov.au or by calling the WHS Infoline on 1300 369 915.

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