

## DVD lending library catalogue

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May 2016

Library Services  
Office of Industrial Relations  
Queensland Treasury  
Level 21, 50 Ann Street Brisbane  
Postal Address: GPO Box 69, Brisbane. Q 4001  
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# Workplace Health and Safety Queensland DVD lending library

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## TOPIC index to DVD titles

**TOPICS** are in UPPER CASE

**TITLES** are in lower case

Once you have selected **TITLES**, go to the **FULL DESCRIPTION** at end of the **TOPIC INDEX** for complete details of each **DVD**.

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### **AGRICULTURE – SAFETY MEASURES**

Between a rock and a hard place: the Garry Nichols story

A rush of blood: the Miles Paterson story

Vehicle safety on farms

### **ALCOHOL AND SUBSTANCE ABUSE**

Body hits: on the lash

Drugs and alcohol at work

The induction series – drugs and alcohol

### **ASBESTOS**

Asbestos awareness

Losing breath: the Adam Sager story

### **BACK CARE AND INJURIES**

Aged care: health & safety for carers

The big 4

Building bridges: the Jed Millen story

Ergonomic essentials for the office

Ergonomics

Lighten the load

Manual handling: [for all workers]

Manual handling: think before you lift

Manual handling for industry: the new approach

Manual handling for the hospitality industry

Manual tasks for industry

Minimal lift

No sprains, big gains

Office manual handling 2010

Office safety for today's workplace

The principles of safe lifting and carrying

Protecting your back

Retail manual handling

Safe manual handling

Safe manual handling: 3 steps to a safer workplace

Warehouse manual handling 2010

Warehousing & storage safety essentials

### **BUILDING EVACUATION**

Building and office evacuation

Fire safety for industry

Office building fire safety: high rise

Office building fire safety: low rise

Office fire management

Office fire prevention and response

Workplace fire prevention and response

## **BUILDING SITES**

- Asbestos awareness
- Building bridges: the Jed Millen story
- Communicating safety
- Elevated work platforms
- Height safety essentials
- Ladder safety
- PPE essentials
- The prevention of eye injuries
- Safe erection of roof trusses
- The safe use of ladders
- Size doesn't matter: domestic building industry OHS and E resource

## **BULLYING**

- Bully free in the workplace
- Bullying and harassment for employees
- Consequences of bullying
- Dealing with aggressive behaviour
- Eliminating workplace bullying
- Maintaining a harassment free office – employees
- Preventing violence and aggression (for healthcare workers)
- Workplace bullying & harassment
- Workplace bullying...for workers

## **BURNS AND SCALDS**

- Injury and illness: emergency response, parts 1&2

## **CHAIN SAWS**

- Outdoor maintenance professional

## **CHEMICAL HAZARDS**

- Aged care: making the workplace safe
- Bring a smile to safety training: films that can help you reduce risks at work
- Changing focus: the Gavan McGuane story
- Chemical safety
- Dangerous goods – the facts
- NAPO in ... Protect your skin
- One night in Bhopal
- PPE essentials
- The prevention of eye injuries
- Size doesn't matter: domestic building industry OHS and E resource

## **CHEMICAL SPILLS**

- Chemical safety
- Dangerous goods – the facts
- Hazardous substances: safety essentials
- One night in Bhopal

## **COMMUNICABLE DISEASES**

- Aged care: health & safety for carers
- Size doesn't matter: domestic building industry OHS and E resource

## **COMMUNICATION**

- Communicating safety
- Confined space communication and awareness
- Leadership: being proactive in safety

## **COMPRESSED AIR**

- The dangers of compressed air

## **COMPUTERS**

See: OFFICE EQUIPMENT

## **CONFINED SPACES**

- Atmosphere testing – confined space
- Confined space communication and awareness
- Confined space safety essentials
- The induction series – confined space safety

## **CONSTRUCTION INDUSTRY**

- Asbestos awareness
- Building bridges: the Jed Millen story
- Construction: fundamentals for safety
- Construction: managing hazards and risks
- Elevated work platforms
- Height safety essentials
- The induction series – hand held power tools
- Power tool safety
- Powered hand tool safety
- PPE essentials
- The prevention of eye injuries
- Safe erection of roof trusses
- The safe use of ladders
- Size doesn't matter: domestic building industry OHS and E resource
- Working safely at height

## **CRANES, DERRICKS, ETC.**

See also: WORK AT HEIGHTS

- Crane safety
- Cranes, hoists and slings

## **DANGEROUS GOODS**

- Dangerous goods – the facts

## **DISASTERS**

- One night at Bhopal
- Paying for the Piper
- Piper alpha: human price of oil
- Spiral to disaster

## **DRIVERS AND DRIVING**

- Driver fatigue
- Kings of the road
- Load restraint

## **DRUG ABUSE**

See: ALCOHOL AND SUBSTANCE ABUSE

## **ELECTRICAL HAZARDS**

- Don't work live
- Electrical safety
- Electrical safety essentials
- The induction series – electrical safety
- Lockout tagout
- Look up and live, look down and survive
- Maintenance safety
- Size doesn't matter: domestic building industry OHS and E resource

## **EMERGENCY MANAGEMENT**

Building and office evacuation  
The induction series – emergency procedures  
Injury and illness: emergency response Parts 1&2  
Office building fire safety: high rise  
Office building fire safety: low rise  
Office fire management  
Office fire prevention and response  
Office safety for today's workplace  
Understanding safety in the office  
Workplace fire prevention and response

## **EMPLOYEE ATTITUDES**

All for one: the Meerkat way  
Behavioural safety  
Better health at work: prevention of psychological injuries  
Billy Robbins' hooked on safety: "my world"  
Bully free in the workplace  
Bullying and harassment for employees  
Changing focus: the Gavan McGuane story  
Consequences of bullying  
Dealing with aggressive behaviour  
Dealing with difficult behaviour  
Don't work live  
Eliminating workplace bullying  
I chose to look the other way  
Leadership: being proactive in safety  
The line of fire  
Maintaining a harassment free office – employees  
NAPO in ... Protect your skin  
NAPO in Risky business  
One moment please  
REACH: recognition, evaluation and control of hazards  
Remember Charlie  
Risk assessment fundamentals  
Safe start ... featuring NAPO  
Safety awareness  
Safety essentials  
Safety: everyone's responsibility  
Shiftwork safety essentials  
Stop and think  
Unclear and present danger: situation awareness at every level  
Understanding safety at work  
Understanding safety awareness  
Unsafe acts  
Work safe. Home Safe  
Working on a safer Queensland  
Workplace bullying & harassment  
Workplace bullying...for workers

## **ERGONOMICS**

Aged care: health & safety for carers  
Ergonomic essentials for the office  
Ergonomics  
The induction series – ergonomics in the office  
Manual handling: think before you lift

Manual handling for the hospitality industry  
No sprains, big gains  
Office manual handling 2010  
Office safety for today's workplace  
The principles of safe lifting and carrying  
Retail manual handling  
Safe manual handling  
Safe manual handling: 3 steps to a safer workplace  
Warehouse manual handling 2010  
Warehousing & storage safety essentials

## **EYE PROTECTION**

See also: PERSONAL PROTECTIVE EQUIPMENT

The big 4  
The induction series – eye safety  
PPE essentials  
The prevention of eye injuries

## **FALLS**

See: SLIPS, TRIPS AND FALLS

## **FARMS**

See also: AGRICULTURE

Between a rock and a hard place: the Garry Nichols story  
A rush of blood: the Miles Paterson story  
Vehicle safety on farms

## **FATIGUE**

Fatigue at work

## **FIRE EXTINGUISHERS**

Fire control  
Fire extinguishers  
Fire prevention safety  
Fire safety for industry  
Office fire management

## **FIRE PREVENTION AND SAFETY**

Aged care: making the workplace safe  
Fire control  
Fire extinguishers  
Fire prevention safety  
Fire safety for industry  
The induction series – fire safety  
Office building fire safety: high rise  
Office building fire safety: low rise  
Office fire management  
Office fire prevention and response  
Outdoor maintenance professional  
Workplace fire prevention and response

## **FIRST AID**

Injury and illness: emergency response Parts 1&2

## **FOOD HANDLING**

Australian food safety essentials  
Hospitality essentials  
Manual handling for the hospitality industry  
Safety in the commercial kitchen

## **FOOT PROTECTION**

See also: PERSONAL PROTECTIVE EQUIPMENT  
PPE essentials

## **FORK LIFT TRUCKS**

Forklift safety essentials  
The induction series – forklift safety  
Lifting your game: keys to forklift safety

## **GAS MASKS**

See also: PERSONAL PROTECTIVE EQUIPMENT

## **GASES**

Atmosphere testing – confined space

## **GRINDING and POLISHING**

Safe and effective grinding

## **GROUNDS MAINTENANCE**

Outdoor maintenance professional

## **HAND PROTECTION**

See also: PERSONAL PROTECTIVE EQUIPMENT  
Hand aware  
NAPO in ... Protect your skin  
PPE essentials

## **HARASSMENT**

Bully free in the workplace  
Dealing with aggressive behaviour  
Maintaining a harassment free office – employees  
Office safety for today's workplace  
Preventing violence and aggression (for healthcare workers)  
Understanding safety in the office

## **HAZARDOUS SUBSTANCES**

Aged care: making the workplace safe  
Atmosphere testing – confined space  
Bring a smile to safety training: films that can help you reduce risks at work  
Changing focus: the Gavan McGuane story  
Chemical safety  
Dangerous goods – the facts  
Hazardous substances: safety essentials  
The induction series – hazardous substances  
NAPO in ... Protect your skin  
PPE essentials  
Safety awareness  
Size doesn't matter: domestic building industry OHS and E resource

## **HAZARDS**

Bring a smile to safety training: films that can help you reduce risks at work  
The line of fire  
Maintenance safety  
REACH: recognition, evaluation and control of hazards  
Risk assessment fundamentals  
Safety awareness  
Safety essentials  
Safety: everyone's responsibility



## **HEAD PROTECTION**

See also: PERSONAL PROTECTIVE EQUIPMENT  
PPE essentials

## **HEALTH AND SAFETY COMMITTEES**

Stop and think

## **HEALTH CARE WORKERS**

Aged care: health & safety for carers  
Aged care: making the workplace safe  
The induction series – infection control  
Minimal lift  
Protecting your back

## **HEARING LOSS**

The big 4  
Bring a smile to safety training: films that can help you reduce risks at work  
The induction series – hearing conservation  
PPE essentials  
Size doesn't matter: domestic building industry OHS and e-resource

## **HEARING PROTECTION**

See also: PERSONAL PROTECTIVE EQUIPMENT

## **HEAT**

Heat hazards  
Injury and illness: emergency response, parts 1&2

## **HOISTING MACHINERY**

See also: WORKING AT HEIGHT  
Crane safety  
Cranes, hoists and slings

## **HOSPITALITY INDUSTRY**

Australian food safety essentials  
Hospitality essentials  
Manual handling for the hospitality industry  
Safety in the commercial kitchen

## **INDUSTRIAL ACCIDENTS**

See also specific workplaces or types of accidents  
Accident investigation  
All for one: the Meerkat way  
Behavioural safety  
Between a rock and a hard place: the Garry Nichols story  
Billy Robbins' hooked on safety: "my world"  
Building bridges: the Jed Millen story  
Changing focus: the Gavan McGuane story  
The dangers of compressed air  
Don't work live  
Hand aware  
Height safety essentials  
How did it happen? accident and near-miss investigation  
I chose to look the other way  
In it for the long haul: the Tiffany Ward story  
The line of fire  
Machine guards  
Maintenance safety  
NAPO in Risky business  
NAPO in ... Safe maintenance

One moment please  
One night in Bhopal  
Paying for the Piper  
Piper Alpha: the human price of oil  
Preventing slips, trips and falls  
The prevention of eye injuries  
The principles of accident investigation  
A reaper's guide to OHandS  
Remember Charlie  
Safety around machines  
Safety awareness  
Safety: everyone's responsibility  
Shiftwork safety essentials  
Slips, trips & falls  
Spiral to disaster  
Stop and think  
Unclear and present danger: situation awareness at every level  
Working on a safer Queensland  
Working safely at height

### **INDUSTRIAL HOUSEKEEPING**

Aged care: making the workplace safe  
Atmosphere testing – confined space  
Billy Robbins' hooked on safety: "my world"  
Changing focus: the Gavan McGuane story  
Chemical safety  
Crane safety  
Dangerous goods – the facts  
Good housekeeping for industry  
The line of fire  
Load restraint  
Machine guards  
Maintenance safety  
NAPO in ... Safe maintenance  
Preventing slips, trips and falls  
The prevention of eye injuries  
REACH: recognition, evaluation and control of hazards  
Risk assessment fundamentals  
Safety awareness  
Safety essentials  
Safety: everyone's responsibility  
Safety in the commercial kitchen  
Signposts for health and safety  
Stop and think  
Unclear and present danger: situation awareness at every level  
Understanding safety at work  
Understanding safety awareness  
Working on a safer Queensland

### **INDUSTRIAL SAFETY**

Aged care: health & safety for carers  
Aged care: making the workplace safe  
All for one: the Meerkat way  
Asbestos awareness  
Atmosphere testing – confined space  
Behavioural safety

Between a rock and a hard place: the Garry Nichols story  
The big 4  
Billy Robbins' hooked on safety: "my world"  
Bring a smile to safety training: films that can help you reduce risks at work  
Building bridges: the Jed Millen story  
Changing focus: the Gavan McGuane story  
Chemical safety  
Communicating safety  
Construction: fundamentals for safety  
Construction: managing hazards and risks  
Crane safety  
Dangerous goods – the facts  
The dangers of compressed air  
Don't work live  
Fatigue at work  
Good housekeeping for industry  
Height safety essentials  
How did it happen? accident and near-miss investigation  
I chose to look the other way  
In it for the long haul: the Tiffany Ward story  
Leadership: being proactive in safety  
Lighten the load  
The line of fire  
Load restraint  
Machine guards  
Maintenance safety  
Manual handling: [for all workers]  
Manual handling: think before you lift  
Manual tasks for industry  
Manual handling for the hospitality industry  
Minimal lift  
NAPO in ... Protect your skin  
NAPO in Risky business  
NAPO in Safe maintenance  
One moment please  
PPE essentials  
Preventing slips, trips and falls  
The prevention of eye injuries  
The principles of accident investigation  
The principles of safe lifting and carrying  
REACH: recognition, evaluation and control of hazards  
A reaper's guide to OHS  
Remember Charlie  
Retail manual handling  
Risk assessment fundamentals  
Safe and effective grinding  
Safe erection of roof trusses  
Safe manual handling  
Safe manual handling: 3 steps to a safer workplace  
Safe start ... featuring NAPO  
The safe use of ladders  
Safety around machines  
Safety awareness  
Safety essentials  
Safety: everyone's responsibility

- Safety in the commercial kitchen
- Shiftwork safety essentials
- Signposts for health and safety
- Size doesn't matter: domestic building industry OHS and E resource
- Slips, trips & falls
- Stop and think
- Unclear and present danger: situation awareness at every level
- Understanding safety at work
- Understanding safety awareness
- Unsafe acts
- Warehousing & storage safety essentials
- Welding safety
- Work safe. Home Safe
- Working on a safer Queensland

### **JACKUP RIGS**

- Working safely at height

### **JOB STRESS**

- Better health at work: prevention of psychological injuries
- Bullying and harassment for employees
- Consequences of bullying
- Dealing with aggressive behaviour
- Dealing with difficult behaviour
- Getting to grips with stress at work
- Maintaining a harassment free office – employees
- Managing stress in the workplace
- Workplace bullying & harassment

### **KITCHENS**

- Australian food safety essentials
- Hand aware
- Hospitality essentials
- Manual handling for the hospitality industry
- Safety in the commercial kitchen

### **LADDERS**

See also: WORKING AT HEIGHTS

- Ladder safety
- The safe use of ladders
- Working safely at height

### **LIFTING and CARRYING**

See: MANUAL HANDLING

### **LOCKOUT / TAGOUT PROCEDURES**

- Lockout tagout
- Maintenance safety

### **MACHINERY**

See: PLANT, MACHINERY AND EQUIPMENT

### **MANUAL HANDLING**

- Aged care: health & safety for carers
- The big 4
- The induction series – lifting and carrying
- The induction series – manual handling
- Lighten the load
- Manual handling: [for all workers]

Manual handling: think before you lift  
Manual handling for industry: the new approach  
Manual handling for the hospitality industry  
Manual tasks for industry  
Minimal lift  
No sprains, big gains  
Office manual handling 2010  
Office safety for today's workplace  
The principles of safe lifting and carrying  
Retail manual handling  
Safe manual handling  
Safe manual handling: 3 steps to a safer workplace  
Size doesn't matter: domestic building industry OHS and E resource  
Understanding safety in the office  
Warehouse manual handling 2010  
Warehousing & storage safety essentials

### **MATERIALS HANDLING**

Lighten the load  
Manual handling: [for all workers]  
Manual handling: think before you lift  
Manual handling for the hospitality industry  
Manual tasks for industry  
No sprains, big gains  
Office safety for today's workplace  
The principles of safe lifting and carrying  
Retail manual handling  
Safe manual handling  
Safe manual handling: 3 steps to a safer workplace  
Warehouse manual handling 2010  
Warehousing & storage safety essentials

### **MUSCULOSKELETAL INJURIES**

Manual handling: [for all workers]  
Manual tasks for industry  
No sprains, big gains

### **NOISE**

Noise and you

### **OCCUPATIONAL HYGIENE**

Australian food safety essentials

### **OFFICE EQUIPMENT**

See also: ERGONOMICS

Ergonomic essentials for the office  
Office manual handling 2010  
Office safety for today's workplace  
Understanding safety in the office

### **OFFICE SAFETY**

Building and office evacuation  
Ergonomic essentials for the office  
Maintaining a harassment free office – employees  
Manual handling: [for all workers]  
Office building fire safety: high rise  
Office building fire safety: low rise  
Office fire management

Office manual handling 2010  
Office safety  
Office safety for today's workplace  
Understanding safety in the office

## **OUTDOOR WORKERS**

Between a rock and a hard place: the Garry Nichols story  
Outdoor maintenance professional  
A rush of blood: the Miles Paterson story  
Vehicle safety on farms

## **PERSONAL PROTECTIVE EQUIPMENT**

Confined space safety essentials  
Hand aware  
The induction series – personal protective equipment  
NAPO in ... Protect your skin  
Noise and you  
Outdoor maintenance professional  
PPE essentials  
Remember Charlie  
Size doesn't matter: domestic building industry OHS and E resource  
Welding safety

## **PLANT MACHINERY AND EQUIPMENT**

The big 4  
Crane safety  
The dangers of compressed air  
The induction series – machinery safety  
The induction series – moving vehicles  
Machine guards  
Maintenance safety  
NAPO in ... Safe maintenance  
Outdoor maintenance professional  
Safety around machines  
A rush of blood: the Miles Paterson story  
Vehicle safety on farms

## **POISONS**

See HAZARDOUS SUBSTANCE

## **POWER TOOLS**

Power tool safety  
Powered hand tool safety  
Safe and effective grinding

## **RESTAURANTS**

See HOSPITALITY INDUSTRY

## **RETAIL**

Retail manual handling

## **RISK ASSESSMENT**

Atmosphere testing – confined space  
Manual handling: [for all workers]  
NAPO in Risky business  
REACH: recognition, evaluation and control of hazards  
Risk assessment for industry  
Risk assessment fundamentals  
Safety: everyone's responsibility  
Signposts for health and safety

Size doesn't matter: domestic building industry OHS and E resource  
Unclear and present danger: situation awareness at every level

### **SAFETY FOOTWEAR**

PPE essentials

### **SAFETY GLASSES**

See also: PERSONAL PROTECTIVE EQUIPMENT

PPE essentials

### **SAFETY HATS**

See also: PERSONAL PROTECTIVE EQUIPMENT

PPE essentials

### **SAFETY MANAGEMENT**

All for one: the Meerkat way

Behavioural safety

Billy Robbins' hooked on safety: "my world"

Bring a smile to safety training: films that can help you reduce risks at work

Bullying and harassment for employees

Crane safety

Driver fatigue

Fatigue at work

Kings of the road

Leadership: being proactive in safety

The line of fire

Load restraint

Maintaining a harassment free office – employees

Machine guards

Maintenance safety

NAPO in Risky business

NAPO in Safe maintenance

Preventing slips, trips and falls

Preventing violence and aggression (for healthcare workers)

The prevention of eye injuries

REACH: recognition, evaluation and control of hazards

A reaper's guide to OH and S

Remember Charlie

Risk assessment fundamentals

Safety awareness

Safety essentials

Safety: everyone's responsibility

Safety in the commercial kitchen

Shiftwork safety essentials

Signposts for health and safety

Stop and think

Unclear and present danger: situation awareness at every level

Understanding safety at work

Understanding safety awareness

Working on a safer Queensland

Workplace bullying & harassment

Workplace bullying...for workers

### **SCAFFOLDING**

See: WORK AT HEIGHTS

### **SKIN PROTECTION**

The induction series – skin cancer

NAPO in...Protect your skin  
Size doesn't matter: domestic building industry OHS and E resource

### **SLINGS and HITCHES**

Crane safety  
Cranes, hoists and slings

### **SLIPS TRIPS AND FALLS**

Aged care: making the workplace safe  
Building bridges: the Jed Millen story  
Changing focus: the Gavan McGuane story  
The induction series – slips trips and falls  
Preventing slips, trips and falls  
Slips, trips and falls

### **STRESS**

Better health at work: prevention of psychological injuries  
Dealing with difficult behaviour  
Getting to grips with stress at work  
Managing stress in the workplace  
Preventing violence and aggression (for healthcare workers)

### **TOOLS**

Powered hand tool safety  
Safe and effective grinding

### **TOXICOLOGY**

See HAZARDOUS SUBSTANCES

### **TREE FELLING**

Outdoor maintenance professional

### **TRUCKING**

Load restraint

### **ULTRAVIOLET RADIATION**

Size doesn't matter: domestic building OHS and E resource

### **VIOLENCE**

Dealing with aggressive behaviour  
Preventing violence and aggression (for healthcare workers)

### **WAREHOUSES**

Manual handling: [for all workers]  
Manual handling: think before you lift  
Warehouse manual handling 2010  
Warehousing and storage safety essentials

### **WELDING**

Welding safety

### **WORK AT HEIGHTS**

Building bridges: the Jed Millen story  
Crane safety  
Elevated work platforms  
Height safety essentials  
The induction series – working at heights  
Ladder safety  
Safe erection of roof trusses



The safe use of ladders  
Size doesn't matter: domestic building OHS and E resource  
Working safely at height

## **WORK ENVIRONMENT**

Aged care: making the workplace safe  
All for one: the Meerkat way  
Atmosphere testing – confined space  
Between a rock and a hard place: the Garry Nichols story  
The big 4  
Billy Robbins' hooked on safety: "my world"  
Bring a smile to safety training: films that can help you reduce risks at work  
Building bridges: the Jed Millen story  
Changing focus: the Gavan McGuane story  
Communicating safety  
Confined space safety essentials  
Construction: fundamentals for safety  
Construction: managing hazards and risks  
Crane safety  
Driver fatigue  
Drugs and alcohol at work  
Ergonomics  
Good housekeeping for industry  
Health and hygiene for the office  
I chose to look the other way  
Kings of the road  
The line of fire  
Machine guards  
Maintenance safety  
NAPO in ... Safe maintenance  
Office safety  
Office safety for today's workplace  
Preventing slips, trips and falls  
The prevention of eye injuries  
REACH: recognition, evaluation and control of hazards  
A reaper's guide to OHandS  
Remember Charlie  
Risk assessment fundamentals  
Safe start ... featuring NAPO  
Safety essentials  
Safety: everyone's responsibility  
Safety in the commercial kitchen  
Size doesn't matter: a domestic building OHS and E resource  
Shiftwork safety essentials  
Signposts for health and safety  
Slips, trips & falls  
Stop and think  
Unclear and present danger: situation awareness at every level  
Understanding safety at work  
Understanding safety awareness  
Unsafe acts  
Work safe. Home Safe  
Working on a safer Queensland

## Full description of DVDs (in alphabetical order)

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### **Accident investigation**

[Wantirna, Vic.]: Channel 1 Training Videos, c1996

1 videodisc (DVD) (26 min.)

Demonstrates what to do in the event of a workplace accident by resolving the situation and preventing it from occurring again.

### **Aged care: health & safety for carers**

Blackburn, Vic.: Vocam, 2013

1 videodisc (DVD) (16 min)

Aged care workers have a higher-than-average chance of being seriously injured at work. While most of these injuries are caused by incorrect manual handling practices, there exists a broad range of hazards, all of which have the potential to significantly impact on health and safety.

### **Aged care: making the workplace safe**

Blackburn, Vic.: Vocam, 2013

1 videodisc (DVD) (14 min.)

Caring for the elderly involves a range of diverse hazards. From slips, trips and falls, to the safe evacuation of residents during an emergency, the health and safety of aged care workers is closely linked to that of the people in their care.

### **All for one: the Meerkat way**

Sydney, N.S.W.: FutureMedia (distributor), 2006

1 videodisc (DVD) (17 min.)

Program applies the Meerkat team spirit to the attitude and behaviours of our workplaces by encouraging the same vigilant regard for the safety of one another. Discusses teamwork; prioritising safety; continuous improvement; communication; the safety instinct and interdependence.

### **Asbestos awareness**

Blackburn, Vic.: Vocam, 2014.

1 videodisc (DVD) (20 min.)

Raising awareness of asbestos, its uses, and general methods of minimising exposure are vital steps in managing the risks of asbestos in the workplace. Produced in collaboration with a team of asbestos specialists, this training resource is suitable for personnel at all levels and highlights the fundamental concepts that underpin all successful asbestos management plans. Topics covered include: health risks; asbestos in the workplace; accessing asbestos information; safe work procedures; PPE and RPE; control measures.

### **Asbestos awareness**

Malvern East, Vic.: Safetycare, [2015]

1 videodisc (DVD) (11 min.)

Asbestos was once a widely used material: cheap, strong, fire and water resistant, and sound absorbent, it was valuable in many applications - from building to automotive manufacturing to a range of fire resistant products. Asbestos is a naturally-occurring mineral, which exists in various forms, including white, blue and brown asbestos. But what all forms of asbestos have in common is the thin fibres which the substance is made up of. It is these fibres that pose a threat to humans - when the fibres are inhaled, they can cause serious damage to the lungs. This program covers: the dangers of asbestos, asbestosis, mesothelioma, and lung cancer; where can we find asbestos?; hazards of asbestos; control measures; the asbestos register; asbestos monitoring; personal protective equipment. This program has been produced to be shown to all personnel who may potentially come across asbestos in the workplace.

### **Atmosphere testing: confined space**

Camberwell, Vic.: Vocam Worldwide Publishing, c2008.

1 videodisc (DVD) (15 min.)

80% of all confined space fatalities are a result of hazardous atmospheres. Many of these fatalities occur because gas detectors were not used to test the atmosphere or if hazards were missed or underestimated. If personnel understand confined space atmospheres, conduct risk assessment and follow correct testing procedures accidents can be avoided.

### **Australian food safety essentials**

[Strathmore, Vic.]: Leiver Pty Ltd, 2004

1 videodisc (DVD) (20 min.)

Highlights safe food handling, personal hygiene, cleaning and sanitising and temperature control to FSANZ 3.2.3 and FSANZ 3.2.2

### **Behavioural safety**

[Melbourne]: Safetycare Australia, [2006]

1 videodisc (DVD) (12 min.)

Unsafe acts occur in the workplace as a result of people's attitudes and behaviours. This program shows how a behavioural safety program works. It looks at unsafe acts and unsafe conditions; behaviours and attitudes towards safety; the theory of behaviour modification, the ABC model; positive reinforcement; the three components of a behavioural safety program and the behavioural safety observation process.

### **Better health at work: prevention of psychological injuries**

[Canberra]: Comcare, [2004]

1 videodisc (DVD) (75 min.)

Psychological injury has a significant negative impact on workers and workplaces. Comcare and Health Services Australia ran a seminar for corporate managers and this DVD covers the proceedings. It provides a brief summary of the key messages for agencies, how leaders can influence workplace climate and health outcomes, and the importance of early intervention including managing depression in the workplace

### **Between a rock and a hard place: the Garry Nichols story**

[Brisbane]: Dept. of Justice and Attorney-General, 2009.

1 videodisc (DVD) (12 min.)

This DVD, about a rural tractor roll-over incident, shows how quickly an ordinary work day can change into something more disastrous. This compelling and tragic story is told by Garry and those closest to him. The film exposes the traumatic injuries to Garry and the emotional and financial impacts that followed as he struggled to maintain his relationships with family and friends and manage the financial impacts that resulted in him losing possession of his farm.

### **The big 4**

Oakleigh, Vic.: Safety Image, c1993.

1 videodisc (DVD) (18 min.)

Gives an overview of four areas of workplace safety: eye safety; back safety; machine safety and hearing.

### **Billy Robbins' hooked on safety: "my world"**

Glen Waverley, Vic.: Training Direct, [2003].

1 videodisc (DVD) (27 min)

Do your employees believe an accident-free workplace is a possibility? Let Billy Robbins convince them that it is absolutely possible if they are highly motivated, committed and have a vision for it. In this unique, fast-paced presentation, one of the top motivational speakers in the safety field shows viewers how changed attitudes produce safety. Billy's blend of humour, audience participation and the story of his own incident drive home the point that accidents don't just affect your life, but also the lives of everyone around you.

### **Body hits: on the lash**

[London]: BBC, c2003.

1 videodisc (DVD) (27 min.)

This program compares the physiological effects of alcohol on men and women.

### **Bring a smile to safety training: films that can help you reduce risks at work**

**Note: Includes the following titles - The adventures of NAPO; Best signs story - safety signs at work; Scratch and sniff - chemical risks at work; Clean sweep; Stop that noise**

Sudbury, Suffolk: HSE, 2006.

1 videodisc (DVD) (c58 min.)

Health and safety is not exactly a laughing matter but this DVD uses humour to get serious messages across. A series of short animated films feature the character NAPO coming to terms in his own unique way with health and safety in the workplace. The films should appeal to all workers, especially those who are young or inexperienced, and will help them to understand hazards and how to avoid them. The sketches cross language barriers because there are no speaking parts, only occasional sound effects. NAPO is shown working in an unsafe way, often with spectacular results, but the stories show how the accidents could have been avoided. This compilation includes the following titles: The adventures of NAPO; Best signs story - safety signs at work; Scratch and sniff - chemical risks at work; clean sweep; stop that noise.

### **Building and office evacuation**

Malvern East, Vic.: Safetycare Australia, [2011?]

1 videodisc (DVD) (12 min.)

Because a successful **building evacuation** requires the calm co-operation of all personnel, this program has been designed for wide spread usage within the organisation to make all staff aware of the correct procedures. As part of an induction program, or ongoing safety training, this program can add a great deal to discussion and understanding of **evacuation** procedures. Back-up Wardens, communication systems, records of people being evacuated, signs, mobility impaired people, central control point, assembly point and so on are all factors which have to be considered in developing and implementing a successful emergency **evacuation** plan for your **building**.

### **Building bridges: the Jed Millen story**

[Brisbane]: Workplace Health and Safety Queensland, 2010.

1 videodisc (DVD) (12 min.)

Jed Millen's career as a rigger ended when the bridge deck he was working on collapsed under his feet and he fell five metres onto the ground, permanently injuring his upper spine vertebrae. His incident changes his and his family's life forever.

### **Bully free in the workplace: how to survive workplace bullying**

Bowen Hills, Qld.: Australian Academic Press, [2010?].

1 videodisc (DVD) (105 mins)

One in six employees regularly experience bullying at work. Workplace bullying costs billions and it destroys lives, but what can you do about it? The DVD outlines what workplace bullying is, why it happens and how you can survive using powerful and effective anti-bullying strategies. Discover today what you can do to protect yourself against workplace bullying. Whether you are an employee, a business owner or manager, Bully Free will help empower you against the significant personal and professional impacts of workplace bullying.

### **Bullying and harassment: for employees**

[Boronia, Vic.]: Channel 1 Creative Media, [200-?]

1 videodisc (DVD) (14 min.)

Everyone has the right to work in an environment free from bullying, harassment, discrimination and violence. Co-written by one of the leading Australian workplace psychologists, this training DVD will dramatically explain to your staff: what is and what isn't

bullying, how bullying impacts on the workplaces, victims and witnesses; how bullies usually like to operate; potential consequences of bullying in the workplace.

### **Changing focus: the Gavan McGuane story**

[Brisbane]: Workplace Health and Safety Queensland, 2010.

1 videodisc (DVD) (13 min.)

When you talk about slips, trips and falls it can sound so trivial, but the consequences can be enormous. This short film follows the story of Gavan who was blinded when an alkaline substance mixed with gas under pressure squirted into his eyes as he tripped and fell onto a beer keg.

### **Chemical safety**

East Malvern, Vic.: Safetycare Australia, [2012?].

1 videodisc (DVD) (15 min.)

Looks at the ways of handling and using chemicals in the workplace. Stresses the need for a commitment by everyone to follow these safe work procedures and realise the risks and hazards involved. Having an ongoing safety program to reduce accidents will ensure a safer workplace.

### **Communicating safety**

[Camberwell, Vic.]: Vocam Worldwide Publishing, 2004.

1 videodisc (DVD) (21 min.)

Communication at work is imperative to safety. This programme discusses the importance of reporting accidents and near misses, caring and being proactive about safety. It examines work area procedures and shift changeover. Other important issues such as over confidence, minimising stress and distractions are also featured.

### **Confined space communication and awareness**

Camberwell, Vic.: Vocam Worldwide Publishing, 2006.

1 videodisc (DVD) (21 min.)

Shows procedures such as risk assessment, entry permit and PPE (personal protective equipment) and requirements for confined space work. The responsibilities of work crews are explained, featuring the atmospheric monitoring process and communication systems. Also shows the dangers associated with confined space work and emphasises why safeguards are necessary.

### **Confined space safety essentials**

Camberwell, Vic.: Vocam, 2009.

1 videodisc (DVD) (28 min.)

Confined spaces are dangerous places to work. The hazards are many and varied, and are often undetectable without the use of specialised equipment. This program provides the fundamentals of confined space safety, and reinforces safe work practices and an understanding of the variety of deadly hazards inherent in working in a confined space

### **Consequences of bullying**

[East Melbourne, Vic.]: Videotrain, [2003].

1 videodisc (DVD) (16 min.)

Aims to provide workers with an awareness of the consequences of workplace bullying and their rights and responsibilities in regard to this issue. Shows how to recognise behaviour that constitutes bullying, understand the negative effects that bullying can have on individuals and organisations, how to stand up to bullying and stop it if it occurs.

### **Construction: fundamentals for safety**

Camberwell, Vic.: Vocam Worldwide Publishing, c2008.

1 videodisc (DVD) (23 min.)

This DVD is an excellent resource for site inductions and refresher training to all levels of construction work. Maintaining awareness of the basic principles cannot be underestimated and this programme is an effective means of conveying the message.

### **Construction: managing hazards and risks**

Camberwell, Vic.: Vocam Worldwide Publishing, c2008.

1 videodisc (DVD) (22 min.)

Construction sites are hazardous and the risks are as varied as they are widespread. The safety issues involved in working in construction range from broad site-specific hazards, to individual health concerns such as skin cancer.

### **Crane safety**

Glen Waverly, Vic.: Training Direct, 1998.

1 videodisc (DVD) (18 mins.)

The program shows when and how crane inspections and pre-operational checkouts are performed, how to determine the weight of a load and load capacity of a crane and how to inspect and safely use slings. Other topics include lifting and moving loads safely, use of hand signals when operating cab-controlled cranes and safe work procedures for crane repair. It also features 5 re-enactments of accidents involving cranes.

### **Cranes, hoists and slings**

[East Melbourne, Vic.]: Vocam Worldwide Publishing, c2004.

1 videodisc (DVD) (17 min.)

Crane and hoist operation is a complex task. A single mistake could damage property and cause serious injury. This program is intended for crane and hoist operators, supervisors and any personnel working in the vicinity of cranes or hoists. Slings methods are covered as well as safety and operational procedures relevant to most lifting situations.

### **Dangerous goods - the facts: understand the risks, meet your responsibilities**

[Australia] : Boardshorts Creative Shortfilms for Business, 2005.

1 videodisc (DVD) (10 mins)

Explains what dangerous goods are and that they must be stored correctly. They are substances that may pose an immediate hazard to people, property or the environment. With strict regulations, harsh penalties and serious dangers, if you don't understand your risks and meet your legal responsibilities, the consequences can be catastrophic - businesses can go under, staff can get injured and people may even die.

### **The dangers of compressed air**

Malvern East, Vic.:Safetycare Australia, 2005.

1 videodisc (DVD) (9 min.)

The program examines the potential hazards associated with compressed air and the injuries that can result if the correct safety precautions are not followed. Discusses what compressed air is, why it is dangerous, what are the potential hazards and injuries, how it can be controlled and what are the dos and don'ts when using compressed air.

### **Dealing with aggressive behaviour**

[Boronia, Vic.]: Channel 1, 2006.

1 videodisc (DVD) (15 min.)

Many people work in jobs where the risk of being confronted with aggressive behaviour is very real. This package offers some simple steps which will equip you to handle such situations. Shows how to face conflict rather than avoiding it, techniques of self control and practical problem solving.

### **Dealing with difficult behaviour**

[Boronia, Vic.]: Channel 1, [200-?].

1 videodisc (DVD) (15 min.)

There will be times when we all encounter difficult behaviour in the workplace. This can increase stress, damage morale, lower productivity, and do great harm to your company's image. This innovative package demonstrates several ways to handle difficult behaviour.

### **Don't work live**

[Melbourne]: Energy Safe Victoria, [2010].

1 videodisc (DVD) (25 min.)

This DVD addresses the issue of live work performed by electricians young and old. The DVD follows the experiences of a young electrician, Damien, as he recovers from a horrendous and life- changing incident after dropping a screwdriver when working on a live switchboard. The DVD helps address the concern of ESV and the electrical trades in general that electricians continue to work live on switchboards despite the risks. The DVD points out graphically that electricians do not have to work live whatever the circumstances and should refuse to do so with no ramifications for their careers. The production has been widely acclaimed and endorsed by both the ETU and NECA.

### **Driver fatigue**

[Wantirna, Vic.]: Channel 1 Creative Media, 2009.

1 videodisc (DVD) (11 min.)

Fatigue is something that affects all of us at one time or the other. If your workplace happens to be behind the wheel of a motor vehicle, fatigue could be a killer! The Australian government have recently introduced a new set of rules and regulations for everyone involved in the supply chain. This DVD based training program looks at these rules and how to manage driver fatigue. It also deals with: the warning signs of fatigue; the usual causes of fatigue; factors that can enhance or reduce fatigue; supply chain responsibilities, including drivers, consignors, operators and receivers; procedures to enable hazard identification and reduce risk.

### **Drugs and alcohol at work**

[Malvern, Vic.] : Safetycare Australia Pty Ltd., [200-].

1 videodisc (DVD) (12 min.)

The object of this program is to identify some of the problems which occur when the use of drugs or alcohol affects a person's ability to perform their role in the workplace to a satisfactory level. It also discusses some of the options available to deal with these problems.

### **Electrical safety**

Malvern East, Vic.: Safetycare, [2015]

1 videodisc (DVD) (22 min.)

Most workplaces are literally surrounded by a maze of electrical circuits. Cables, conduits and extension cords deliver electricity to plant, equipment appliances and lights. The vast majority of people know very little about electricity and this lack of knowledge makes it very difficult for people to recognise potential hazards. Without a basic understanding of how electricity behaves and what effects electricity can have on the human body, it is very difficult to understand what we as individuals can or should do to reduce the risks associated with specific electrical hazards. This programs covers basic facts, effects of current on the human body, common hazards and hazard control.

### **Electrical safety essentials**

Camberwell, Vic.: Vocam Video Training Productions, c2009.

1 videodisc (DVD) (24 min.)

Electricity is one of natures most powerful, most useful, and one of its most dangerous forces. Because we use electricity safely all the time, it is easy to take for granted just how dangerous it can be. Electrical Safety Essentials provides trainees with the fundamental concepts of electrical power, and applies them to common workplace hazards. Topics includes: electricity and the human body, electricity: general principles, electrical equipment, electrical hazards, working with electricity, protection, isolation and testing, overhead, underground and hidden electricity.

### **Elevated work platforms**

Glen Waverley, Vic.: Training Direct, [200-?]

1 videodisc (DVD) (17 min.)

Explains the safe operation of elevated work platforms in easy to understand terms and covers areas such as training, types of EWP's, safe work practices, maintenance and much more.

### **Eliminating workplace bullying**

Fortitude Valley, Qld.]: Ash-Quarry Productions, [2001]

1 videodisc (DVD) (14 min.)

What constitutes bullying and what are its effects? This video shows the need for an organizational policy against bullying and helps those being bullied, as well as those with bullying behaviour to recognize the problem and take action.

### **Ergonomic essentials for the office**

Camberwell, Vic.: Vocam, 2008.

1 videodisc (DVD) (18 min.)

Inadequate work station set-up is a major contributor to inefficiency and long term injuries in the office. Ergonomics is the study of how we interact with our working environment and how these interactions can be improved so that productivity and our wellbeing is maximised. The solutions are usually relatively simple and only require a few minor and inexpensive modifications. The program covers: ergonomics case studies; adjusting your workstation; adjusting laptop computers; postures, movement and stretching.

### **Ergonomics**

Malvern East, Vic.: Safetycare, [2013?]

1 videodisc (DVD) (16 min.)

Ergonomics is the study of the relationship between people, the equipment they use and the physical environment in which they work. Ergonomics is about the application of the knowledge of this relationship to benefit well-being, performance and improve both short and long term health and safety. The program covers: why and how ergonomics is applied; the general approach individuals should apply when addressing ergonomic hazards; the human body and work space design; static and muscular effort; controls and displays.

### **Fatigue at work**

[East Malvern, Vic.] : Safetycare Australia, [200-]

1 videodisc (DVD) (11 min.)

Feeling tired or drowsy after prolonged mental or physical effort at work is normal. Fatigue, however is more than just feeling tired. Fatigue is an acute and/or chronic state of tiredness that can lead to mental and/or physical exhaustion. Fatigue prevents people from functioning within normal boundaries. Fatigue can be physical, mental or both. It is worth noting that fatigue is a 'symptom' rather than a 'disease' or 'disorder'. This means if properly identified, fatigue can be effectively managed and controlled. The objective of this program is to highlight the major hazard areas associated with fatigue and by so doing, increase awareness of the standards for worker responsibility in observing and being active in daily safety procedures.

### **Fire control**

[Melbourne, Vic.]: Channel 1, [2005].

1 videodisc (DVD) (23 min.)

This DVD incorporates all the latest regulations and is widely used by fire brigades around Australia. It deals with flammable goods in the workplace, classes of fire, the correct type of extinguisher to use in any situation, safe and correct methods for fire fighting with hand held extinguishers and the dangers of using the incorrect extinguisher on a fire. Relevant to both office and industrial environments, the information contained in this training resource will make a big difference to how participants respond in an emergency.



### **Fire extinguishers**

Malvern East, Vic.: SafetyCare Australia, [200-?]

1 videodisc (DVD) (18 min.)

This program explains the basics of firefighting techniques and operation of fire extinguishers. It includes components of fire, firefighting techniques, extinguishing agents, fire extinguishers & classification of fires and fire extinguisher operation.

### **Fire prevention safety: prevention, extinguishing and evacuation**

[Glen Waverley, Vic.]: Training Direct, c2005.

1 videodisc (DVD) (19 min.)

To save lives employees must know the proper procedures for preventing fires, in addition to the correct response actions to take in the event of a fire. Topics covered include steps to prevent fires, classes of fires and the appropriate extinguisher to be used on them, proper use of fire extinguishers and water hoses, and emergency and evacuation procedures to be taken in the event of fire.

### **Fire safety for industry**

East Melbourne, Vic.: Vocam, 2007.

1 videodisc (DVD) (18 min.)

Outlines the responses to various fire emergencies and hazards within industry. Discusses fire evacuation and safety training as well as procedures for minimising the risk of fire.

Topics covered include, the nature of fire, risk assessment, common fire hazards, facing the fire, extinguishing the fire, fire wardens and evacuation

### **Forklift safety essentials**

[Camberwell, Vic.]: Vocam, c2006.

1 videodisc (DVD) (26 min.)

A forklift is a powerful and safe tool when used well by a trained operator. However, forklift safety is not well understood by many operators and this can increase the risk of accidents. Training operators in the principles of forklift safety can prevent accidents occurring at your workplace.

### **Getting to grips with stress at work**

Sudbury, Suffolk: HSE, 2010

1 videodisc (DVD) (45 min.)

Work-related stress is a big problem and can lead to higher absence levels, increased staff turnover, and human error. But there are things employers and employees can do to tackle the causes and reduce stress at work. This DVD includes a number of personal case studies which are based on real stories.

### **Good housekeeping for industry**

Glen Waverley, Vic.: Training Direct, 2007.

1 videodisc (DVD) (7 min.)

"Good housekeeping" directly relates to workplace safety, yet is often overlooked. Some of the points covered in this programme are: the workplace should be kept clean and tidy; floor surfaces are important since many injuries involve slips, trips and falls; storage areas are a source of potential danger and should be checked regularly; maintenance of all equipment is vital in any workplace and staying vigilant, particularly paying attention to visitors and new employees will help to reduce injuries.

### **Hand aware**

Camberwell, Vic.: Vocam, 2006.

1 videodisc (DVD) (16 min.)

Injury to hands and fingers are the most common type of work injury. This video relates how the risk of accidents can be identified and avoided. Topics include safe machine operation, handling tools and carrying care.

### **Hazardous substances: safety essentials**

[Camberwell, Vic.]: Vocam Worldwide Publishing, c2006.

1 videodisc (DVD) (23 min.)

Hazardous substances are common in many work places. Unsafe contact with them can result in injuries both minor and major, both temporary and permanent. By conducting hazardous substance safety training your organisation can help avoid accidents and incidents. Topics covered include: identifying hazardous substances, common hazards, the hierarchy of control, personal protective equipment, storage and disposal, emergency response and case studies.

### **Heat hazards**

[East Malvern, Vic.]: Safetycare Australia, [2005?]

1 videodisc (DVD) (17 min)

The program is designed to suit any work environment where heat may be a potential hazard, and provide people with a practical understanding of the types of control measures that can be implemented to reduce the health risks. Through increasing people's awareness of heat hazards the risk of heat related illnesses and injuries can be reduced.

### **Height safety essentials**

Camberwell, Vic.: Vocam, c2006.

1 videodisc (DVD) (21 min.)

Complacency can easily lead to accidents when working at height. This program features safety issues and procedures for equipment used when working at height including scaffolds, fall arrest systems, roof work, ladders, trestles and elevated work platforms.

### **Hospitality essentials**

[East Melbourne, Vic.] : Vocam, c2004.

1 videodisc (DVD) (18 min.)

An induction training program for all personnel working in hotels, motels, restaurants, reception centres and clubs, this video instructs workers how to offer good service and maintain a positive work attitude. Safe work procedures are shown including hygiene and proper food handling, manual handling to avoid back injury, fire prevention and evacuation instruction.

### **How did it happen?: accident and near-miss investigation**

Glen Waverley, Vic.: Training Direct, c1998.

1 videodisc (DVD) (18 min.)

How Did It Happen? is a training video in the style of a murder mystery, featuring an occupational accident rather than a murder. This novel approach leaves the viewer completely in the dark as to the cause of the accident until the investigation is concluded, holding the viewer's interest and attention throughout the session.

### **I chose to look the other way**

Glen Waverly, Vic.: Training Direct, [n.d.]

1 videodisc (DVD) (10 min.)

This DVD dramatically tells a story of an employee who failed to speak up when witnessing an unsafe act. Whilst choosing to "look the other way" he contributed to the needless death of a co-worker. Based on a safety poem by Don Marrell, this program shows how to speak up about unsafe acts, which saves lives and helps develop a positive safety culture.

### **In it for the long haul: the Tiffany Ward story**

[Brisbane]: Workplace Health and Safety Queensland, 2012.

1 videodisc (DVD) (12 min.)

Tiffany's film is about making sure that young workers are able to return home safely to family and friends at the end of their working day. All workers and employers need to be aware of the unique risk profile young people have which makes them vulnerable in the workplace. At 18, Tiffany Ward was severely injured at work when both of her arms were caught in a potato processing auger. This film highlights the traumatic impacts of the

incident. It describes Tiffany's battle to live with the financial, physical and emotional consequences of her injury. Now 22 and married to Matt with two children, Tiffany has shown incredible resilience and spirit in getting on with her life after the incident. Tiffany has shared her story to make workers more aware that a workplace incident can have life-long consequences.

### **The induction series**

Wantirna, Vic.: Channel 1 Training Videos, 2005

1 videodisc (DVD) (c90 min.)

Provides an introduction to health and safety in the workplace, featuring 3-5 minute segments on each topic listed below.

### **Each topic also available as individual 5 min DVDs**

An introduction

Confined space safety

Drugs and alcohol

Electrical safety

Emergency procedures

Eye safety

Fire safety

Forklift safety

Hand held power tools

Hazardous substances

Hearing conservation

Infection control

Machinery safety

Manual handling

Moving vehicles

Personal protective equipment

Skin cancer

Slips trips and falls

Working at heights

### **Injury and illness: emergency response, parts 1&2.**

Camberwell, Vic.: Vocam, 2004.

1 videodisc (DVD) (22 min.)

Shows what staff without formal training or certification in first aid can do in the event of injury or illness which may occur in the workplace. Injuries covered include unconsciousness, amputation, electric shock, fractures, external bleeding, burns, soft tissue and eye injuries.

### **Kings of the road**

Sydney: Future Media [distributor], [200-]

1 videodisc (DVD) (11 min.)

This video focuses on attitudes rather than driving techniques and uses the stories of three stereotypical drivers: the salesperson, the van driver and the 'few drinks after golf' driver. The premise of the film is that the occupational driver will relate to the attitudes expressed within the stereotypes and act accordingly.

### **Ladder safety**

[Victoria]: Safetycare Australia, c1994.

1 videodisc (DVD) (10 min.)

This video looks at types of ladders, safe positioning of ladders and working on ladders. It also looks at safe use of rolling scaffolds.

### **Leadership: being proactive in safety**

Camberwell, Vic.: Vocam, c2012

1 videodisc (DVD) (16 min.)

Individual attitudes to workplace health and safety are a significant, but often overlooked, factor in workplace accidents. Leadership in safety is not defined by a role or a job title; it's an attitude that everyone at work can adopt. It means being proactive in controlling risks and always looking out for the safety of oneself and of other. Leadership : being proactive in safety is suitable for personnel at all levels and reinforces the fundamental concepts that are vital to building and maintaining a positive health and safety culture at work. Topics covered in this programme: key attitudes to safety; the hierarchy of risk controls; leading by example; the chain of safety leadership; formal processes: where do I fit in?

### **Lifting your game: keys to forklift safety**

Camberwell, Vic.: Vocam, 2004.

1 videodisc (DVD) (26 min.)

Forklifts are an indispensable tool in many workplaces. They also have the potential to harm or kill. This DVD demonstrates how to react and survive if a forklift tips over, the principles of forklift stability, safe driving techniques, equipment checks and other safety practices vital to safe forklift operation.

### **Lighten the load – featuring NAPO**

Sudbury, Suffolk: HSE Books, 2007.

1 videodisc (DVD) (c10 min.)

This DVD shows how to avoid musculoskeletal problems in the workplace. These serious messages are presented in a light-hearted manner and are ideal for training people. Each section highlights the problem and a potential solution. Sections deal with: fast-paced work and repetitive activity; moving and carrying heavy loads to prevent strain and injury; workstation height and layout; excessive and continual twisting; use of lifting aids to eliminate or improve manual handling; how to ensure good grip when handling tools; vibration and use of power tools; efficient and safe handling; thinking and planning about lifting and workplace movements.

### **The line of fire**

Glen Waverley, Vic.: Training Direct, [2008?]

1 videodisc (DVD) (13 min.)

This program discusses many workplace hazards and outlines general principles that can help employees prevent these hazards from causing serious injuries and deaths. Featured are several incidents that illustrate the consequences of not noticing when we are in harm's way. Topics include hazards presented by gravity, moving machinery, flying debris and projectiles, automated equipment, moving vehicles, contact with stationary hazards and the importance of observation and feedback.

### **Load restraint**

West Perth, W.A.: WestOne Services, c2006

1 videodisc (DVD) (26 min.)

Load restraint takes a 'real life look' at the practicalities of loading and restraining goods during transport. Follow presenter Ian Bolas as he discovers the principles that underscore sound practice in load restraint. The DVD captures the pace and complexity of working in a busy transport yard through interviews with transport workers on the job.

### **Lockout tagout**

Camberwell, Vic.: Vocam, c2006.

1 videodisc (DVD) (16 min.)

A simple maintenance task can become a life threatening activity when working on operational equipment. This can occur when equipment unexpectedly activates because someone who cannot see what you are doing turns it on, or because you accidentally activate it yourself. You could lean over to undo a bolt and lose a finger, an arm, or even

your life. Isolation procedures, often called 'Lockout/Tagout' are designed to prevent equipment from activating during maintenance and servicing.

### **Look up and live, look down and survive**

Queensland: Department of Industrial Relations, 200-?.

1 videodisc (DVD) (10 min.)

This video looks at why workers die or suffer serious injury from accidents involving live electrical wires, overhead or underground, what went wrong and why the accidents happen to skilled workers.

### **Losing breath: the Adam Sager story**

[Brisbane]: Workplace Health and Safety Queensland, 2014

1 videodisc (DVD) (16 min.)

Losing breath tells the tragic story of Adam Sager who died from mesothelioma (an asbestos related disease) at the age of 25. Adam's family shared the heartbreaking story about how they unknowingly exposed their son to asbestos when he was only 18 months old. They hope that Adam's story will help raise awareness about the dangers of asbestos. Adam's mum, Julie Sager, urges home renovators and tradies to play it safe with asbestos and be aware of the risks of exposing themselves and others to it: "Just do what you need to do to keep your family safe" Julie said. A typical Queensland home built before 1990 will likely have some materials containing asbestos.

### **Machine guards**

Malvern East, Vic.: Safeycare, 2013.

1 videodisc (DVD) (15 min.)

Accidents resulting from inadequate equipment and machine guarding cause some of the most traumatic injuries in the workplace today. This program covers why guards are used, the risks associated with mechanical hazards, the requirements for effective machine guarding, the different types of guards and their functions, and safe work practices when working with equipment and machinery. Advances in technology, safety standards and risk management have all contributed to increasingly effective guards being used in the workplace today, but despite all these advances, horrific accidents still occur. When guards are not in place or when guards are not used correctly, people can be pulled into machines, have limbs amputated and body parts crushed. It is therefore critical that we are aware of and understand the elements covered in this program. This will help all workplace personnel to avoid accidents and injuries when working with equipment and machinery.

### **Maintaining a harassment free office – employees**

Camberwell, Vic.: Informed Business Training (Vocam), 2005.

1 videodisc (DVD) (20 min.)

Workplace harassment is an issue no organisation can afford to ignore. The consequences of workplace harassment can be low productivity and morale, high turnover of staff, poor customer service and costly legal actions. This video aims to raise employees' awareness about harassment and bullying, and gives consistent guidelines about how to deal with these issues.

### **Maintenance safety**

Glen Waverley, Vic.: Training Direct, 200-?

1 videodisc (DVD) (18 min.)

Maintenance workers face a variety of hazards each day as work assignments constantly change. These workers must have a degree of skill and a good safety attitude to be successful. This program uses eleven accidents to illustrate the importance of building a wall of safety to protect yourself from the hazards.

### **Managing stress in the workplace**

Mount Waverley, Vic.: Videotrain, [2007?].

1 videodisc (DVD) (17 min.)

Deals with the general causes of stress and the problems it can create in the workplace, such as accidents, absenteeism and decreased productivity. Suggests ways of overcoming stress related problems.

### **Manual handling: [for all workers]**

Wantirna, Vic.: Channel 1 Training Videos, c2008.

1 videodisc (DVD) (18 min.)

Most jobs involve some type of manual handling, so essentially all workers are at risk no matter how minimal they believe their work to be. In this presentation, viewers will be taken through a range of tips, procedures and preventions for making the task they perform safer.

### **Manual handling: think before you lift**

Wantirna, Vic.: Channel 1 Training Videos, [200-?].

1 videodisc (DVD) (20 min.)

Demonstrates how and why most manual handling injuries occur and how they can be prevented by redesigning tasks and the use of mechanical aids.

### **Manual handling for industry: the new approach**

Camberwell, Vic.: Vocam, 2008

1 videodisc (DVD) (21 min.)

This production is based on the latest information and techniques related to manual handling. Topics covered include: musculoskeletal disorders (MSDs); back structure; risk analysis; risk control; correct lifting procedure; manual handling techniques; back exercises.

### **Manual handling for the hospitality industry**

Wantirna, Vic.: Channel 1 Creative Media, [2008?]

1 videodisc (DVD) (20 min.)

The demanding nature of the hospitality industry results in a very high percentage of manual handling and back injuries. This DVD has been produced specifically for hospitality staff in an attempt to educate and help reduce the high occurrence of injury. In conjunction with the Australian Physiotherapy Association, viewers are not only shown how to correctly lift and carry, but they are also taken through a series of exercises and stretches that should be completed throughout the day and as a warm up before commencing work to help prevent the risk of injury. This manual handling safety training DVD is a must for any organisation that is serious about preventing manual handling and back injuries.

### **Manual tasks for industry**

Camberwell, Vic.: Vocam, c2009.

1 videodisc (DVD) (22 min.)

Unsafe manual tasks are the most common cause of work related injuries. These injuries can cause personal suffering and loss in income, and also cost businesses and national economies. Injuries that arise from hazardous manual tasks are commonly known as musculoskeletal disorders or MSDs. Any worker can be affected, yet MSDs can be prevented by assessing work tasks, consulting with co-workers, putting in place preventative measures and checking that these measures stay effective. Includes case studies on: hand distance from lower back ; vertical lift region ; trunk twisting and sideways bending ; load weight frequency ; pulling and pushing ; work height ; awkward loads ; hand tools.

### **Minimal lift**

Boronia, Vic.: Channel 1 Creative Media, [2006]

1 videodisc (DVD) (12 min.)

Manual handling is something that we all do every day. Manual handling is any activity that involves lifting, lowering, pushing, pulling, carrying or otherwise moving, holding or restraining any person or object. There are 100,000 manual handling injuries costing over \$1

billion in Australia each year. The purpose of this DVD is to ... introduce you to the philosophies and principles of Minimal Lift.

### **NAPO in...Protect your skin**

Sudbury, Suffolk: HSE, 2010

1 videodisc (DVD) (6 min.)

Highlights the various occupations and activities that can expose our skin to damage. Shows easy ways to protect the skin from various hazards - ranging from cement in building work to detergent in cleaning work and chemicals used in hairdressing. Simple steps like avoiding exposure and protecting skin by using gloves, washing and drying hands thoroughly, and using hand moisturising cream regularly after contact with irritants, can greatly reduce the risk of skin disease. This DVD is simply and graphically illustrated using wordless communication and is especially useful for overcoming language barriers.

### **NAPO in...Risky business**

Sudbury, Suffolk: HSE Books, 2008.

1 videodisc (DVD) (9 min.)

This animated DVD follows the cartoon character NAPO in a series of sketches dealing with risk assessment in the workplace. It has a light-hearted approach but has serious messages. The DVD includes chapters on: Caution hazards; Assess the risk; Identify the unknown; Act on risks; Risky combination; Eliminate the risk; Safety pays.

### **NAPO in...Safe maintenance**

Sudbury, Suffolk: HSE, 2010.

1 videodisc (DVD) (11 min.)

NAPO and his workmates show us how not to do safe maintenance with this DVD, in a series of episodes relating to machinery and building maintenance. As usual, there is a serious message behind the various cartoon mishaps, whether it is to lock off machinery before working on it, to avoid rushing jobs, or to take care on all jobs no matter what they are - even on what may seem like routine repairs. NAPO shows us the potential consequences of getting health and safety disastrously wrong (even managing to survive inhaling poisonous fumes in confined spaces and igniting flammable substances). The aim of the DVD is to make sure you have the right tools and protective equipment to do your job safely, using wordless communication and graphically illustrated cartoons - particularly useful for workers who do not have English as their first language.

### **No sprains, big gains: reducing the risks of manual tasks injuries in the workplace**

Brisbane: Workplace Health and Safety Queensland, 2010.

1 videodisc (DVD) (16 min.)

It pays to be safe and healthy at work. Many employers and workers become complacent about manual tasks without any thought of it in their respective workplaces. But each year hundreds of Queenslanders injure themselves and fail to realise that their actions today can affect their lives tomorrow. This film is about providing a solution by using the newly developed PERforM tool, which is designed to assist employers, safety officers and workers with a practical resource. It is a straightforward and easy to understand process to identify, manage and reduce the risk of soft tissue injuries in the everyday workplace.

### **Noise and you**

East Melbourne, Vic: Vocam Worldwide Publishing, c2004.

1 videodisc (DVD) (20 min.)

Shows the basic characteristics of noise and how the ear handles sound, the warning signs of hearing loss and the need for audiometric testing. Also discusses appropriate hearing protection, how to wear it correctly, the maintenance and storage of hearing protection, the importance of an effective noise control programme, noise reduction methods, how to assess daily exposure to noise and the important aspects to look out for in these assessments.

### **Office building fire safety: high rise**

East Melbourne: Vocam, 2007.

1 videodisc (DVD) (15 min.)

For High Rise Buildings: Fires can occur in office buildings and the consequences can be devastating. An office fire can spread quickly, resulting in a large loss of life and damage to property. In a fire emergency, people can panic and behave in an irrational manner unless they have received the appropriate fire evacuation and safety training. An organisation can minimise the risk and spread of fire at the workplace by planning for a fire emergency. Topics covered include prevention, detection, facing the fire, extinguishing the fire, fire wardens and evacuation.

### **Office building fire safety: low rise**

East Melbourne: Vocam, 2004.

1 videodisc (DVD) (15 min.)

For Low Rise Buildings: Fires can occur in office buildings and the consequences can be devastating. An office fire can spread quickly, resulting in a large loss of life and damage to property. In a fire emergency, people can panic and behave in an irrational manner unless they have received the appropriate fire evacuation and safety training. An organisation can minimise the risk and spread of fire at the workplace by planning for a fire emergency. Topics covered include prevention, detection, facing the fire, extinguishing the fire, fire wardens and evacuation.

### **Office fire management**

Malvern East, Vic.: SafetyCare Australia, [2012]

1 videodisc (DVD) (18 min.)

Fire is one of the most difficult things to control despite our increased ability to create and manage our environment. With established firefighting procedures and appropriate, well maintained firefighting equipment, many fires can easily be controlled. Office fires do happen, and a knowledge of what to do should a fire occur in your work area can prevent damage and even save lives.

### **Office fire prevention and response**

Camberwell, Vic.: Vocam, [2010], c2011.

1 videodisc (DVD) (19 min.)

Fires have the potential to cause death, severe injury and major losses for businesses and the community. Fire can strike when you least expect it, so it's vital that all personnel are trained and up-to-date with your organisation's fire safety and evacuation procedures.

### **Office manual handling 2010**

Camberwell, Vic.: Vocam, c2009.

1 videodisc (DVD) (20 min.)

Investigates ways to prevent back injury in the office by showing how the back works, how to use it correctly and how to keep it in good shape. Case studies with solutions applicable to typical office manual handling problems are used to illustrate correct manual handling procedures. Topics covered in this program include: manual handling injuries; musculoskeletal disorders; how your back works; it could happen to you; an interview with an injured worker; manual handling risks factors; 9 case studies; principles of safe manual handling.

### **Office safety**

Boronia, Vic.: Channel 1 Creative Media, [200-?]

1 videodisc (DVD) (17 min.)

A comprehensive guide to improving safety and efficiency in the office environment. For example, hints on lighting the entire office and correct techniques for manual handling.



### **Office safety for today's workplace**

Blackburn, Vic.: Vocam, 2013.

1 videodisc (DVD) (20 min.)

Working in an office presents a variety of hazards that are often overlooked. Poor ergonomics, hazardous manual tasks, and slips, trips and falls are among the most common causes of time off work and lost productivity. This induction-style programme discusses a range of safety issues in the office. It is ideal for personnel at all levels and focuses on preventing and responding to incidents in the workplace.

### **One moment please**

Sydney, NSW: WorkCover NSW, [2007?].

1 videodisc (DVD) (13 min.)

Five athletes, sponsored by WorkCover NSW in association with the Australian Paralympic Committee, who despite suffering permanent disabilities in workplace accidents have gone on to achieve outstanding sporting success. Through their inspirational stories of despair, courage and triumph, these elite athletes drive home a powerful message about the importance of working safe, thinking safe, and going home safe.

### **One night in Bhopal**

[London]: BBC; Sydney, N.S.W.: FutureMedia, c2004

1 videodisc (DVD) (59 min.)

This is a reconstruction of the Union Carbide methyl isocyanate disaster, revealing its horrific and protracted consequences. Describes in detail how a deadly cocktail of chemical gas, including the lethally toxic methyl isocyanate (MIC), escaped from the Union Carbide chemical plant in Bhopal, blanketing the city and killing more than 7,000 and injuring another 200,000. When Union Carbide, one of America's most powerful corporations, opened its chemical plant in Bhopal, there was hope and celebration. But, this documentary exposes the financial pressures and cost-cutting decisions that sacrificed the safe operation of the plant. It reveals the horrific nature of MIC and the failure of the plant's owners to warn Bhopal's citizens of the time bomb in their midst. And, it tells the story of the world's worst industrial disaster, through the eyes of those who lived through it. Features interviews with people affected to trace the events of that dreadful early morning of 3rd December 1984. Includes also selected archival footage for source information.

### **Outdoor maintenance professional**

Camberwell, Vic.: Vocam, 2006.

1 videodisc (DVD) (17 min.)

This DVD deals with hazard awareness and safe machine use. The importance of carefully planning and preparing daily tasks is stressed. It also looks at fire precaution measures and the importance of wearing suitable personal protective equipment.

### **Paying for the Piper: one man's quest for justice after the worst off-shore oil disaster the world has ever seen**

Freemantle, W.A.: Prospero Productions, 2006.

1 videodisc (DVD) (52 min.)

In 1988 the oil rig, Piper Alpha, exploded killing 167 men. Only 62 survived. Families were left in tatters and yet the oil company responsible was never held accountable. Ten years later we follow the very personal journey of survivor Ed Punched, as he leaves Australia returning to Scotland to confront the demons that have haunted him all these years.

### **Piper Alpha: human price of oil**

[London]: BBC; Sydney, N.S.W.: FutureMedia, c2006.

1 videodisc (DVD) (30 min.)

The Piper Alpha oil platform in the North Sea exploded in 1988 and this program investigates the factors which led to the disaster. Thirty-five survivors validated that the risk analyst's advice of commissioning rigs and differing designs of Norwegian oil platforms jeopardized safety and claimed 167 lives.

### **Power tool safety**

Glen Waverley, Vic.: Training Direct, [n.d.]

1 videodisc (DVD) (c19 min.)

We use portable power tools in a variety of tasks each day. In fact, we rely on such tools as drills, saws, sanders and grinders so much that we have a tendency to become too comfortable with them. Our complacency often leads us to disregard safe work practices. When this happens, we leave ourselves open for injury. This video features six accident re-enactments to remind power tool users about key safety issues and to make them aware of the painful injuries that result from unsafe use. This video features six accident re-enactments to remind power tool users about key safety issues and to make them aware of the painful injuries that result from unsafe use.

### **Powered hand tool safety**

Camberwell, Vic.: Vocam, 2006.

1 videodisc (DVD) (17 min.)

From electric sanders to pneumatic jackhammers, powered tools are widely used across a huge range of industries. When operated incorrectly, powered hand tools can inflict injuries from minor to life threatening. This programme explains general safety principles related to the use of a wide range of electric and pneumatic tools as well as safety procedures and personal protective equipment applicable to particular tools.

### **PPE essentials [personal protective equipment]**

[Camberwell, Vic.]: Vocam, c2007.

1 videodisc (DVD) (24 min.)

Health and safety research indicates that failure of personnel to wear PPE, use PPE properly and use compatible PPE results in accidents and fatalities that cost organisation and the community over \$1 billion per year. This high impact DVD will help ensure that personnel at your workplace wear their PPE and use it properly.

### **Preventing slips, trips and falls**

[Malvern East, Vic.]: Safetycare Australia, [2007]

1 videodisc (DVD) (9 min.)

Slips, trips and falls are a major category of workplace accidents and result in a significant number of injuries. The three most important factors contributing to the occurrence of slips, trips and falls are: poor design of the workplace; poor workplace practices and procedures, and inappropriate human behaviour. By following some basic safety principles the accidents and injuries that result from slips, trips and falls can be dramatically reduced. This program looks at all the key hazards associated with slips, trips and falls, including: good housekeeping practices; signposting and barricading; correct use of equipment and furniture; proper maintenance; appropriate footwear, and correct use of step stools and stepladders.

### **Preventing violence and aggression (for healthcare workers)**

[Bendigo, Vic.]: Assured Safe Training, c1996.

2 videodiscs (DVD) (35 min.)

Violence and aggressive behaviour towards staff is now unfortunately a significant cause of injury, stress and absenteeism in those working in the health care sector. The programme outlines safety precautions and how to deal with aggression and potential violence.

### **The prevention of eye injuries**

[Malvern East, Vic.]: Safetycare Australia, [2007?]

1 videodisc (DVD) (19 min.)

This program has been produced to provide information on the essential facts and principles of eye safety in the workplace. It looks at the eye hazards that could exist in an average workplace, and how these hazards can be controlled to reduce the risk to individuals' eyes. Topics covered include: an awareness of the different kinds of eye injury hazard that exist, such as physical blows, foreign bodies, hazardous substances, and hazardous radiation; the various control measures that can be used to reduce the likelihood of serious eye injuries

occurring; the role of personal protective equipment, different types of protective equipment available for eye protection, and when they should be used; knowledge of the correct first aid measures to be taken in the event that an eye injury does occur

### **The principles of accident investigation**

[Malvern East, Vic.]: SafetyCare Australia, [2007?]

1 videodisc (DVD) (12 min.)

There are laws and regulations that require the investigation and reporting of certain types of accidents. Insurance requirements also lead to many accident investigations as do potential claims at common law. However, from an Occupational Health and Safety point of view, the main aim of accident investigations is not to fulfil these legal and insurance obligations, but rather to prevent recurrences of the same or similar accidents.

### **The principles of safe lifting and carrying**

Malvern East, Vic.: Safetycare Australia, [2016]

1 videodisc (DVD) (15 min.)

Material handling occurs in one way or another in every department of every business on every working day - it is not surprising that accidents and injuries resulting from incorrect manual handling techniques comprise the largest group of occupational hazards that result in lost time. This program covers anatomy and physiology of the neck and back, types of injuries, steps to safe lifting, physical characteristics of loads, working conditions and personal limitations of personnel involved in manual handling tasks. This program has been produced with the general workforce in mind and is suitable for a wide audience.

### **Protecting your back**

Wantirna, Vic.: Channel 1 Training Videos, [200-?].

1 videodisc (DVD) (15 min.)

Stretching exercises aimed at keeping the body and back supple and flexible to prevent back injuries.

### **REACH: recognition, evaluation and control of hazards**

Malvern, Vic.: Safetycare Australia, [2015].

1 videodisc (DVD) (13 min.)

This program explains the concept of the Recognition, Evaluation, and Control of Hazards, or REACH. It explains the principles behind REACH, goes through the meanings of Recognition, Evaluation, and Control, and provides a thorough explanation of the role REACH can play in ensuring safety in the workplace, and of how the principles can be put into practice.

### **A reaper's guide to OH and S**

Wantirna, Vic.: Channel 1 Creative Media, 2008.

1 videodisc (DVD) (19 min.)

"A Reaper's Guide to OH and S" provides a general introduction to Occupational Health and Safety. This presentation discusses the importance of issues such as Communication in the Workplace, Hazard Identification and Risk Management.

### **Remember Charlie**

Boca Raton, Fla.: Phoenix Safety Management, 2004.

1 videodisc (DVD) (57 min.)

Charlie Morecroft, an operator in an oil refinery, speaks before an audience on the danger of bypassing safety procedures. He relates his terrible experience of being burnt in an accident and the pain of recovery.

### **Retail manual handling**

Camberwell, Vic.: Vocam, c2007.

1 videodisc (DVD) (20 min.)

This program helps you understand the issues relating to musculoskeletal disorders and taking action to minimise incidents in the workplace. The content reinforces elimination of accidents, highlights ergonomic risks and risky activities.

### **Risk assessment for industry**

[Airport West, Vic.]: Vocam Video Training Productions, c1999.

1 videodisc (DVD) (16 min.)

This video is an interactive training program which is designed to help you implement a thorough risk assessment strategy with an eye on making all staff feel a part of this very important process.

### **Risk assessment fundamentals**

Malvern East, Vic.: Safetycare Australia, 2015.

1 videodisc (DVD) (18 mins.)

In simple terms a risk assessment requires the identification of workplace hazards and an evaluation of the risks they present. The purpose of an overall workplace risk assessment is to establish whether the level of risk arising from workplace activities is acceptable, or whether additional measures need to be taken to control workplace hazards to further reduce or remove unacceptable risks. The program includes the following elements of a risk assessment: identify all the hazards that are present; decide what are the possible consequences related to these hazards and who may be harmed; evaluate the risks and decide whether the existing precautions are adequate or more needs to be done; make a record of the findings; review and if necessary revise the assessment from time to time. Regardless of the hazards present, the proper application of the risk assessment process will result in a safer workplace.

### **A rush of blood: the Miles Paterson story**

[Brisbane]: Workplace Health and Safety Queensland, [2014].

1 videodisc (DVD) (c9 min.)

A rush of blood tells the story of Miles Paterson's momentary lapse of attention that resulted in his quad bike incident. "It actually happened that quick that one minute I was sitting on the bike and the next minute I had a bike on top of me." Miles counts himself lucky sustaining only minor injuries. While they are a useful piece of equipment, quad bikes can be deadly when used incorrectly or in difficult terrain. They can be unstable due to their lightweight and high centre of gravity, increasing the risk of a rollover on rough terrain, when turning or when driving across slopes.

### **Safe and effective grinding**

[Malvern East, Vic.] : Safetycare Australia Pty Ltd., 2012.

1 videodisc (DVD) (18 min.)

Looks at the safe and effective use of off-hand grinding machines, specifically pedestal grinders and bench grinders.

### **Safe erection of roof trusses**

[Forest Lodge, N.S.W.]: Master Builders Association, 2010.

1 videodisc (DVD) (c30 min.)

This DVD illustrates each step in erecting roof trusses safely and related topics like risk management, falls protection and manual handling. The information is based on the WorkCover Erection of Roof Trusses Industry Safety Standard.

### **Safe manual handling**

Malvern East, Vic.: Safetycare Australia, [2016].

1 videodisc (DVD) (11 min.)

Manual handling includes lifting, holding, pushing, pulling, shifting and lowering. In fact, any form of human exertion could be included - with and without the use of mechanical aids. This program covers detailed description of manual handling, the problems and how injuries are caused, the types of injuries, and steps to deal with manual handling. The program also deals with a hierarchy of control measures to assess the loads to be handled.

### **Safe manual handling: 3 steps to a safer workplace**

Bendigo, Vic.: Video Education Australasia, c2000.

1 videodisc (DVD) (21 min.)

In the past, safe manual handling was all about lifting correctly. However, current practice is to minimise the risk of manual handling injury through a 3 step process. 1. Identify hazardous manual handling tasks. 2. Assess risks involved in hazardous tasks. 3. Risk control measures to reduce or eliminate risks. With the aid of an agronomist and a physiotherapist, this program demonstrates how to make a workplace safer using some basic principles and procedures. Highlights include - statistics on workplace injuries in Australia - employee and employer responsibilities on workplace safety - what to do if your workplace is unsafe - what to do if you are injured at work - descriptions of common dangerous ways to lift, awkward postures and repetitive tasks.

### **Safe start ... featuring NAPO**

Sudbury, Suffolk: HSE, [2006].

1 videodisc (DVD) (10 min.)

This animated DVD follows the hapless Napo as he starts a new job. A series of amusing sketches show him getting to grips with his new workplace - not always with flying colours! The film is ideal for training new and inexperienced workers and also cuts across language barriers, as there are no speaking parts. It takes a light-hearted approach, but there are serious messages here, presented in a format that will hold people's attention.

### **The safe use of ladders**

Melbourne: Safetycare Australia, 2011

1 videodisc (DVD) (14 min.)

Falls represent the largest single cause of accidental death in the workplace. About 40% of these falls result in falling from one level to another, many from ladders. Many of these falls are serious, but more importantly, many could have been avoided if safety procedures were followed. This program looks at the selection and safe use of ladders in the workplace and has been designed for general training for all personnel who use ladders.

### **Safety around machines**

Glen Waverley, Vic.: Training Direct, c2006

1 videodisc (DVD) (5 min.)

Topics covered include how to stay safe around machines with blades, saws and moving parts that can cause serious damage. Outlines how to identify the hazardous machines in the workplace and identifies the types of guards that are required to safeguard machinery.

### **Safety awareness**

Camberwell, Vic.: Vocam Worldwide Publishing, c2008.

1 videodisc (DVD) (18 min.)

Incidents resulting from unsafe work practices cost business and the community millions every year. In most cases these incidents are preventable. This program discusses common hazards in the workplace with a focus on day-to-day safety awareness and the trainee's role in helping prevent incidents at work.

### **Safety awareness**

Glen Waverly, Vic.: Training Direct, 1996.

1 videodisc (DVD) (18 min.)

The emphasis is placed on teaching three basic rules for maintaining a safer workplace. Designed for both blue and white collar environments. Points included in the program include the 3 basic safety rules: always take responsibility for your personal safety; never perform any task unless you are trained and authorised; always follow job procedures and company rules. Twelve accidents and 24 specific safety topics are included. The program is designed for safety orientation, plant-wide safety programs, refresher training, improving safety attitudes and meeting your training requirements.

### **Safety essentials**

Malvern East, Vic.: Safetycare Australia, 2015

1 videodisc (DVD) (16 min.)

Accidents at work can have far-reaching, serious consequences for individuals and organisations. They can cause great distress and suffering to individuals and families, as well as financial hardship. For organisations, there are the obvious costs like disruption and absenteeism, and a wide range of hidden costs, such as lost productivity, retraining, and the effect on morale. Clearly, ensuring workplace safety is in everybody's best interests. Although safety requirements vary from workplace to workplace, there is a core of safety knowledge that everyone should know - the Safety Essentials. These Safety Essentials are: an understanding of how you can be hurt or become ill as a result of workplace activities; an understanding of what is expected of you from the organisation's perspective; correct manual handling techniques, and knowing what to do in an emergency situation.

### **Safety: everyone's responsibility**

Boca Raton, Fla.: Phoenix Safety Management, [n.d.]

1 videodisc (DVD) (48 min.)

Safety - everyone's responsibility is the powerful follow-up to "Remember Charlie". This presentation highly motivates workers and management to work as a team and not as adversaries, ultimately creating a safer work environment. Through his dynamic presence, Charlie Morecroft motivates members of the audience to take responsibility for their own actions and safety.

### **Safety in the commercial kitchen**

Bendigo, Vic.: Video Education Australasia, 2008.

1 videodisc (DVD) (27 min.)

Commercial kitchens must adhere to strict workplace health and safety procedures to prevent harm, illness and accidents occurring to both staff and clientele. This program outlines the basic workplace health and safety guidelines for the average commercial kitchen including, personal safety, working with heat, electricity, gas and dangerous equipment, and food hygiene.

### **Shiftwork safety essentials**

[East Melbourne, Vic.]: Vocam Worldwide Publishing, c2007

1 videodisc (DVD) (19 min.)

This training package will ensure personnel learn the steps they can take to reduce the safety risks of fatigue while on the job and decrease the risk of costly time incidents. Topics covered include: causes of fatigue, fatigue and performance, your body clock, fatigue management and family and social life.

### **Signposts for health and safety**

Sudbury, Suffolk: HSE, 2008.

2 videodiscs (DVD) (c300 min. - 10x30 min. programmes)

This product consists of 10 x 30 minute films which were originally broadcast on BBC2 as 10 half-hour programmes. The films were previously available from HSE Books in VHS format. A variety of small businesses show how they have successfully dealt with health and safety issues. Each episode also includes a health and safety surgery where an expert gives

advice to a business owner on how to tackle a particular problem. The content has been updated as much as possible to reflect for example, recent changes to smoking in the workplace and noise exposure limits. A detailed description of topics covered in each episode is printed on the inside of the cover sleeve.

### **Size doesn't matter: domestic building OHS and E resource**

Prahran, Vic.; Distributed by Southfork Enterprises, [2006?]

1 videodisc (DVD) (23 min.)

A resource on safety for the home building industry. Safety is important on all building sites, no matter how small. Topics discussed include: hazard identification and risk assessment, safety maimers and safety killers, personal protective equipment, manual handling, electrical hazards, noise damage, hazardous substances and materials, working at heights, environmental issues, UV damage, slips trips and falls, infection control, incident notification and the community.

### **Slips, trips & falls**

Camberwell, Vic.: Vocam, 2009.

1 videodisc (DVD) (15 min.)

Every year, thousands of people are involved in slip and trip accidents and falls from height at work. These incidents are the most common cause of workplace injuries, but are also amongst the most preventable. This programme explores the range of factors that contribute to slips, trips and falls, while clearly defining the methods for controlling risks in the workplace. Topics covered include: causes of slips and trips; preventing slips and trips; fall prevention; ladders and stepladders; and a case study.

### **Spiral to disaster**

[London]: BBC; Sydney, N.S.W.: FutureMedia, c2003.

1 videodisc (DVD) (30 min.)

This DVD provides a re-enactment of the destruction of the Piper Alpha oil rig in an explosion on July 6 1988. Deficiencies in design, safety procedures and management compounded to cause the magnitude of the disaster which resulted in the loss of 167 lives.

### **Stop and think (awareness/meeting opener)**

Glen Waverly, Vic.: Training Direct, [n.d.]

1 videodisc (DVD) (5 min.)

Stop and think! - a powerful, attention-grabbing new meeting opener. 4 1/2 minutes of dramatic injury re-enactments in a variety of work settings hold the viewer's attention. Whether its distractions, being in a hurry, or just not paying attention, we can all relate to the causes of these mishaps. Stop and think carries a message that is simple, yet important to our safety: Sometimes all it takes to prevent an injury is for each of us to take a moment to stop...and think.

### **Unclear and present danger: situation awareness at every level**

Sydney: Futuremedia, 2009.

1 videodisc (DVD) (24 min.)

Situation Awareness is often referred to as "knowing what is going on around you" and a large proportion of errors attributed to workers actually stem from errors in their situation awareness. For workers and managers engaged in safety and quality critical tasks, developing a high level of situation awareness is a necessity. The program features world recognised expert on Situation Awareness, Professor Rhona Flin of the University of Aberdeen. The case studies illustrating lack of Situation Awareness include real examples from a range of industries including defence, healthcare, police, rail transport, manufacturing and chemicals and explosives.

### **Understanding safety at work**

East Melbourne, Vic.: Vocam, c2005.

1 videodisc (DVD) (24 min.)

Looks at risk assessment, slips, trips and falls, electrical hazards, PPE, manual handling, confined spaces, housekeeping, hazardous substances, work equipment safety, noise, fire and outdoor work.

### **Understanding safety awareness**

Malvern East, Vic.: Safetycare, 2010

1 videodisc (DVD) (12 mins.)

Today, for an organisation to survive and prosper, it must be able to control four things. Production, quality, costs and accidents, and not one to the exclusion of another. Safety awareness is the starting point to accident prevention. What is safety awareness? It's a responsibility, a commitment, an obligation. It's common sense, teamwork and safe work procedures. It's recognising hazards and showing a willingness to act to control any hazard present. The program has been designed for all personnel. It can be used as a general safety training program and can also be utilised as an induction program for new personnel to introduce safety concepts.

### **Understanding safety in the office**

[Camberwell, Vic.]: Vocam Worldwide Publishing, c2007.

1 videodisc (DVD) (20 min.)

An organisation can minimise the risks of accidents and incidents by ensuring all office employees understand safety in the office. Topics covered include office housekeeping, your workstation, and safety around the office, manual handling, emergency response, and office security and aggression response.

### **Unsafe acts**

[East Malvern, Vic.] : Safetycare Australia, [2001]

1 videodisc (DVD) (15 min.)

Unsafe acts in the workplace contribute to many accidents and injuries and must be addressed as an important safety issue. Management should consider the following topics in order to reduce accidents: workplace design and layout, provision of appropriate guards and interlocks, written safe work procedures, availability of required personal protective equipment and appropriate signage and labeling. This program examines all the key issues with unsafe acts in the workplace, including definition of the term 'Unsafe acts', the factors or causes which lead to unsafe acts, outcomes of unsafe acts and a strategy to reduce the number of unsafe acts that occur.

### **Vehicle safety on farms: films to improve safety on the farm**

Sudbury, Suffolk: Health and Safety Executive, c2007.

1 videodisc (DVD) (c86 min.)

This DVD consists of the following farm safety films: "Riding for a fall" - features dramatic representations and real life cases to emphasise the need for training to ensure safe driving of ATVs. 'A ridge too far: - a useful reminder of basic ATV safety procedures, covering checking tyre pressures, steering and brakes, how to load an ATV, towing trailers, stability and negotiating steep hillsides safely.' 'Fatal traction' - highlights the dangers and gives practical advice to agriculture and forestry workers on how to avoid them. It includes graphic reconstructions of fatal accidents and interviews with families of victims and gives examples of simple control measures that can help reduce the risks. "Tractor action" - uses realistic dramatisations to describe safe working practices for tractor operation. It is aimed at younger workers but is also of value to any users of tractors or tractor-operated machinery. 'Safe driving on slopes' - informs and instructs people on the dangers and safe methods of driving farm vehicles and machinery on slopes.



### **Warehouse manual handling 2010**

Camberwell, Vic.: Vocam, c2009.

1 videodisc (DVD) (19 min.)

Unsafe manual handling is the most common cause of work related injuries. These injuries cause personal suffering and loss of income, and also cost businesses and national economies. Injuries that arise from hazardous manual handling are commonly known as musculoskeletal disorders or MSDs. Any worker can be affected, yet MSDs can be prevented by assessing work tasks, consulting with colleagues, putting in place preventive measures, and checking that these measures stay effective.

### **Warehousing & storage safety essentials**

Camberwell, Vic.: Vocam, c2010.

1 videodisc (DVD) (24 min.)

Working in the warehousing and storage industry presents a variety of hazards. Collisions between vehicles and pedestrians, musculoskeletal injuries, and slips and trips are amongst the most common causes of time off work and lost productivity. This programme provides a training resource to help educate and refresh personnel at all levels. It discusses common hazards in the workplace, with a focus on day-to-day safety awareness and the fundamental methods for managing risk at work.

### **Welding safety**

Glen Waverley, Vic.: Training Direct, 2005

1 videodisc (DVD) (c20 min.)

This powerful program uses six accidents to remind viewers that welding and cutting operations are inherently dangerous and that workers who weld must follow all safety rules to protect themselves from serious injury or death. This DVD also illustrates effective welding and cutting safety points on a variety of topics, including gas welding, arc welding, and fire prevention, handling/storage of gas cylinders, confined space work and personal protection equipment.

### **Work safe. Home Safe**

(The unmeasured loss: the Bevan Family Story)

[Brisbane, Qld.]: Dept. of Employment and Industrial Relations, 2008.

1 videodisc (DVD) (19 min.)

Owen Bevan shares his story of personal loss due to the injury of his father in a workplace incident when Owen was nine years old. The DVD drives home the impact that workplace incidents can have on co-workers, friends, family and, particularly, children. It makes a powerful addition to workplace health and safety induction sessions, assisting employers to help employees understand the importance of safety in the workplace and the importance of coming home at the end of each work day.

### **Working on a safer Queensland**

[Brisbane, Qld.]: Workplace Health and Safety Queensland, 2011.

1 videodisc (DVD) (13 min.)

This DVD shows the proactive and participative side of Workplace Health and Safety Queensland's activities. Meet the teams of WHSQ and find out how they can help with your work health and safety requirements.

### **Working safely at height**

Camberwell, Vic.: Vocam, c2005.

1 videodisc (DVD) (17 min.)

Complacency can easily lead to accidents when working at height. This program features safety issues and procedures for equipment used when working at height including scaffolds, fall arrest systems, roof work, ladders, trestles and elevated work platforms.

### **Workplace bullying & harassment**

Camberwell, Vic.: Vocam, c2010.

1 videodisc (DVD) (25 min.)

Bullying, harassment, and violence are all forms of unacceptable behaviour that create a risk to health and safety in the workplace. Employers and employees at all levels are responsible for maintaining a positive, productive working culture, where everyone is treated with tolerance, dignity and respect. This DVD is designed to reinforce your organisations existing bullying and harassment policies. It discusses the various forms of unacceptable behaviour in the workplace, with a focus on the resolution of issues and the fundamental methods for managing the risks.

### **Workplace bullying...for workers**

Sydney, N.S.W.: Futuremedia, [2014].

1 videodisc (DVD) (c15 min.)

In 2014, new laws were introduced to bring about the speedy resolution of instances of bullying, and will have huge implications on the Australian workplace. This program explains the role of the Fair Work Commission and their powers if a bullying complaint has been lodged. Everyone has the right to work in an environment free from bullying, harassment, discrimination and violence. The incidence of workplace bullying and harassment in the workplace is a significant problem in today's workforce and has been on the rise. It can impact on your organisation socially as well as economically. Co-written by one of the leading Australian workplace psychologists this training DVD will dramatically explain to your staff: What is and what isn't bullying - How bullying impacts on the workplace, and on the victims and witnesses themselves - How bullies often operate - Practical instructions and coping skills for the victims and witnesses - Potential consequences of workplace bullying. This training DVD offers practical and easy to follow instructions and coping skills for the victims and witnesses of bullying. It also offers some suggestions for the bullies themselves.

### **Workplace fire prevention and response**

Camberwell, Vic.: Vocam, 2011.

1 videodisc (DVD) (24 min.)

Fires have the potential to cause death, severe injury and major losses for businesses and the community. Fire can strike when you least expect it, so it's vital that all personnel are trained and up-to-date with your organisation's fire safety and evacuation procedures. This video training course features practical methods for minimising the risk of fires starting and spreading, and is designed to engage trainees through dramatic re-enactments of first response and emergency evacuation scenarios

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**Workplace Health and Safety Queensland**  [www.worksafe.qld.gov.au](http://www.worksafe.qld.gov.au)  **1300 362 128**

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